

AAA Wrestler El Hijo del Perro Aguayo Dies After In Ring Injury

I'm sure you've probably heard about this by now and I'm no expert on lucha libre by any means but this deserves a mention. From what I can tell, Aguayo was in a match with Rey Mysterio where Rey dropkicked him in the back to set up the 619. Aguayo hit the ropes throat first and something happened with his throat/neck which led to his death. Aguayo was 35 and the top heel of the promotion.

There's nothing you can say about something like this <http://onhealthy.net/product-category/anti-inflammatories/> other than it's a tragedy and a freak accident. I haven't and won't be watching the video of it but people who have seen it have called it a standard spot that Rey has done hundreds of times. That's the scary thing about wrestling or anything in life actually: you can do something time after times but freak accidents are always possible. This is never easy to read about and it's saddening even though I've only seen a handful of his matches.