Read Lex Luger's Book

And it's one of the less frustrating I've seen.

Wrestling With The Devil

So many wrestlers write their life stories and would make you think that they're the greatest wrestlers of all time. In Luger's case though, it's much more along the lines of "I was a great athlete, I was in awesome shape, and I won some titles." That's a very rare case of a wrestler being realistic about his skills and not spending two hundred pages bragging about how amazing they were.

The book is a pretty straightforward guided tour of Luger's life and career with an especially detailed look at his journey to becoming a born again Christian. In this case though it's not like Bill Watts, who basically beat you over the head with it. With Luger, it's basically "My life sucked, I did a bunch of stupid things, God helped me get through it and I'm a Christian. Here's how you can be one too if you're interested because it's awesome."

It doesn't really offer any major insight into Luger's life as it's basically just his life story. It's a very easy read though and I knocked it out in a few days while doing a bunch of other stuff. His fans will like it but there's nothing really groundbreaking and it's not that high up on the list of great wrestling books.