

205 Live – April 16, 2021: The Treadmill

205 Live

Date: April 16, 2021

Location: Capitol Wrestling Center, Tampa, Florida

Commentators: Vic Joseph, Nigel McGuinness

This is the most up and down show you are going to find in WWE as there are weeks where you get good stuff but then there are weeks that have absolutely nothing going on whatsoever. You might as well flip a coin to figure out which you're going to see here and that is kind of scary situation. Let's get to it.

Opening sequence.

Jake Atlas vs. Ashante Adonis

Feeling out process to start, including some light kicks to the leg. Atlas cranks on the arm and grabs the armbar to keep Adonis in a bit of trouble. Adonis is right back with a knee to the ribs to take over for all of about three seconds, as Atlas sends him shoulder first into the buckle. It's way too early for the cartwheel DDT though as Adonis shoves him out to the floor.

Back in and Adonis goes after the arm for a change, with Atlas not being able to roll his way to freedom. Atlas finally kicks his way out and goes up, only to be slammed back down. That lets Adonis go up for a high crossbody for two but Atlas hits him in the face. A release gordbuster sets up the cartwheel DDT to finish Adonis at 8:43.

Rating: C-. These are two guys who went out there and had one of the most generic matches you could ask for. They worked on a limb each and then one guy won in the end. Maybe it's that I have seen these two around here for months now but there was

nothing to get excited about whatsoever. Technically fine, but good luck making me care about these two having a cold match like this one.

We look at Kushida winning the Cruiserweight Title on NXT.

August Grey vs. Tony Nese

Ariya Daivari joins commentary. Nese slams him down to start and strikes a quick pose so Grey grabs a headlock to take it to the mat. Back up and Grey busts out some jumping jacks, which really don't sit well with Daivari. Nese drops him with a belly to back suplex but gets sent throat first into the middle rope. That means the running crotch attack to the back of the head but Nese is right back with a gutbuster

Another belly to back connects so Nese goes to the corner to...I think adjust the turnbuckle pad. Whatever it was it takes too long, allowing Grey to catapult him into the corner. Grey picks up the pace with a running hurricanrana and an elbow to the face. Nese isn't having that as he hits a spinning kick to the face and puts on the chinlock. That lasts as long as the common chinlock with Grey coming up and winning a strike off.

A jawbreaker into a neckbreaker sets up Grey's rope walk spinning high crossbody for two. Back up and Nese fires off some kicks, including an enziguri but Grey kicks him to the floor. The suicide dive sends Nese over the announcers' table, with Grey breaking up the count for reasons of dumb honor. Back in and Grey grabs a rollup for the pin at 11:30.

Rating: C. It was a better match than the opener but that isn't exactly saying much. The wrestling is fine, but I never need to see Nese and or Daivari again after how many times they have been on this show over the last few...well years now. It doesn't help that the rather talented Grey is stuck on the treadmill that is 205 Live and there is nothing to indicate that is going to change anytime soon.

Overall Rating: C-. The words ho-hum come to mind here as this was every dull 205 Live that you can ever hope to see. The wrestling continues to be fine but there is nothing in the way of an interesting story, or even any kind of a story for the most part. The shows come and go without developing and that is not going to keep my attention. Even thirty minutes is feeling long around here and that's hard to fathom.

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