

# 205 Live – July 16, 2021: The New Normal

## 205 Live

Date: July 16, 2021

Location: Capitol Wrestling Center, Orlando, Florida

Commentators: Vic Joseph, Nigel McGuinness

I'm curious to see what happens to the Breakout Tournament matches now that the tournament itself has already started. That means we might be back to the old stuff featuring the new guys, as we can't do much more new stuff with the old guys. I don't think. Let's get to it.

[Here are last week's results if you need a recap.](#)

Opening sequence.

## Guru Raaj vs. Asher Hale

Feeling out process to start with Hale taking him down without much effort. Raaj manages a roll into the corner but a neckbreaker into said corner cuts him off again. Back up and Hale wraps his feet around Raaj's neck for a quick twist. A DDT with Hale cranking on the neck a bit on the way down gets two and a powerslam is good for the same.

Raaj is back up with some shoulders in the corner and some rapid fire kicks drop Hale for two. Back up and Hale hits a running knee before kicking at a downed Raaj. Hale loads up a kind of northern lights suplex but Raaj flips over into a backslide for the rather surprise pin at 7:21.

**Rating:** C. The ending surprised me and that's about as much as there is to say here. I'm not sure if I'm getting much out of Raaj, but I don't see why Hale needed to lose again. Part of the problem is that these guys are getting thrown together

into matches where no one gets to stand out, which was the case again here. Not bad, but completely forgettable.

### Grayson Waller vs. Ari Sterling

The early feeling out process gives us an early standoff as they seem to have some time here. Waller wrestles him to the mat for some slaps to the back of the head but Sterling reverses for some shots to the face. Back up and they trade wrist control until Sterling flips around and takes him to the mat for some arm cranking. Sterling starts flipping around and kicks Waller in the head.

This time Waller dives over him and takes the arm out to counter a cartwheel. Some kicks to the arm set up a DDT on the arm so Waller can start getting cockier. Another shot to the leg has Sterling in trouble and a kick to the chest gets two. The Fujiwara armbar sends Sterling over to the rope so Waller grabs a torture rack. That means an inverted Regal Roll but Sterling strikes away to little avail.

The standing Kimura is broken up and Sterling sends him outside, only to get pulled down over the ropes. Back in and Waller works on the arm again, including a triangle choke over the ropes. The middle rope elbow gives Waller two and we hit the armbar. That's broken up as well and Sterling hits a running spinwheel kick. The running flip ax kick sends Waller outside so there's the big flip dive to take him down again. Back in and Sterling misses a 450 but avoids the running stomp. Baha 86 finishes Waller at 15:19.

**Rating:** C+. The time helped this one a lot and it isn't something you get to see very often on this show. Above all else, it was nice to see Sterling do something than shrug off a leg injury and win in the end. This time he had to deal with something different and it didn't take me out of the match as a result. Waller is going to be fine so the loss doesn't hurt him, but Sterling needed the win a bit more.

**Overall Rating:** C+. Pretty good show here as I think we are starting the new norm. 205 Live has not meant anything of note for a long time now and that is probably going to continue to be the case for the foreseeable future. The action was good here and that is about all you can expect from this show, so well done enough.

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