

# NXT LVL Up – September 20, 2024: The New Ones Are Better

## NXT LVL Up

Date: September 20, 2024

Location: Capitol Wrestling Center, Orlando, Florida

Commentators: Blake Howard, Byron Saxton

We're coming up on the move over to the CW, with only two shows left before the change. While it isn't likely, there is always the chance that this show could undergo some changes of its own. Last week's show was different enough and maybe now we can see things getting better around here. Let's get to it.

[Here are last week's results if you need a recap.](#)

Opening sequence.

## Lash Legend vs. Lainey Reid

Jakara Jackson is here with Legend. Reid works on the arm to start but Legend powers out and does the same. Legend sends her into the buckle over and over before dropping Reid with a suplex. They head outside with Legend getting posted, setting up the chinlock back inside. That doesn't work for Legend who powers up and plants her down, setting up a fall away slam. A chokeslam gets two on Reid, who snaps off a middle rope hurricanrana for two. Reid goes up but gets kicked out of the air, setting up the back to back faceplant to finish for Legend at 5:57.

**Rating:** C+. Reid is starting to make some more appearances around here and that's going to help her out in the long run. She didn't show much in the way of the whole southern belle here but it was her best in-ring effort, which could be a positive sign for her. Legend continues to look smooth in the ring, which is hard to fathom given where she was just a year

or so ago.

Kali Armstrong is ready to bring speed and aggression against Brinley Reece. Believe it or not, she's a former NCAA athlete who is trying wrestling.

### Kali Armstrong vs. Brinley Reece

Armstrong powers her down to start and chokes in the corner but Reece isn't having any of that. A drop toehold brings Armstrong down and she cranks away on Armstrong's arm. Reece goes up but gets pulled down for a face first crash. Armstrong clotheslines her down and grabs something like a seated crossface chickenwing. That's broken up so Armstrong hits a powerslam, only for Reece to come up with a not great TKO for the pin (ignore her shoulders being down too) at 4:44.

**Rating:** C. This is a weird one as Armstrong was coming off as the better of the two, with her power stuff working well. On the other hand, Reece just didn't do anything special here and it's a bit surprising as long as she has been around. There's nothing to make her stand out and this wasn't exactly an impressive performance.

Cutler James gives Shiloh Hill a pep talk before the main event. This was as awkward and badly executed as you would have expected.

### Shiloh Hill vs. Mark Coffey

Coffey grabs a headlock to start but Hill powers out and drives him into the corner. Hill works on an armbar and then a headlock but Coffey hits an elbow to the face. The chinlock goes on to keep Hill down, only to have him suplex his way to freedom. A double underhook slam gives Hill two but Coffey hits him in the face for the pin at 5:56.

**Rating:** C. Hill has impressed in recent appearances and it is a good sign that he is getting this kind of a spot. I could go

for seeing him getting another chance, as he is one of the better stars in the new crop of NXT rookies. Losing to Coffey isn't going to hurt him so this was as logical of a main event as you could have gotten.

Hill lost a tooth on that shot to the face.

**Overall Rating:** C. Hill and Armstrong showed some promise here, which made for something of an odd night as the two bigger names didn't do anything special this week. The show went by quickly though and nothing was too bad, but they need to do something a bit more interesting. If nothing else, it's nice to see some fresh faces on the show and hopefully that keeps up going forward.

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