

Ring Of Honor – October 9, 2025: Of Course Those Are The Good Parts

Ring Of Honor

Date: October 9, 2025

Location: RP Funding Center, Lakeland, Florida

Commentators: Ian Riccaboni, Caprice Coleman

It's another week of Ring Of Honor and that means we're likely to get about the same things we get here most of the time. That doesn't make for the most exciting shows but some of them can work pretty well. If nothing else, maybe we can find out an idea of when we'll see the next first round match in the Women's Pure Rules Title tournament. Nah I don't believe it either. Let's get to it.

[Here are last week's results if you need a recap.](#)

We open with a quick preview of the IWGP Women's Title match.

Opening sequence.

We run down the card.

We're mixing it up a little bit. From Arena Mexico in Mexico City.

Ring Of Honor World Title: Hechicero vs. Bandido

Bandido is defending. They go technical to start with Hechicero taking him down and cranking on the arm. That's reversed into a bow and arrow but Hechicero reverses into a surfboard. Bandido reverses into one of his own, which is escaped as well so Bandido spins him around into an armbar. They go to a standoff before an exchange of rollups gets two each. That's enough for Hechicero to bail out to the apron so

we can reset a bit.

Back in and Bandido gets two off a sunset flip before a hurricanrana drops Hechicero again. Hechicero is able to send him to the floor, setting up a big dive. Bandido is draped over the barricade for a running knee and they have to run back inside to beat the count. Hechicero starts in on the arm and the shoulder is looking banged up. They go back outside with Bandido being sat on the barricade but Hechicero...I think misses a dropkick but it was close.

Either way, Bandido is fine enough to hit a shooting star off the apron, followed by a frog splash for two back inside. A backbreaker gives Hechicero two of his own but he hurts his knee in the process. Bandido is back with the gorilla press into another frog splash for another near fall. Hechicero goes back to the arm and sends Bandido outside, where the trainer seems to pop the shoulder back into place.

We pause for the shoulder to be taped up, which Bandido rips off. Well that's just wasteful. They trade some running shots to the face and Hechicero's knee is banged up, meaning Bandido can grab a poisonrana. Hechicero is smart enough to go back to the arm, followed by the headscissor driver for two. Bandido pops back up with the X Knee but can't hit the 21 Plex. Instead he settles for a leg trap rollup to retain at 22:03.

Rating: B+. It wasn't quite as good as their classic at Death Before Dishonor but it was more than enough to keep my interest. The shoulder giving out was a great obstacle for Bandido to overcome and Hechicero tormenting Bandido was worth seeing. Very good match here and a rather nice surprise compared to the usual stuff around here, with the venue making it even better.

We recap Skyflight losing but now they want the Trios Titles.

Shane Taylor vs. Beef

Taylor has the rest of the Promotions with him and fires off the left hands to put Beef into the corner. Beef avoids a charge though and hammers away, only to be sent crashing to the floor. Back in and Taylor fires off some knees but Beef cartwheels away and hits a dropkick. The release Rock Bottom cuts that off though and Taylor's splash gets two. The really big right hand knocks Beef cold at 4:18.

Rating: C. This was a hoss fight and it worked well enough to make Taylor look good. Beef isn't going to win anything important anytime soon so he can put Taylor over without losing anything. Well other than the match but that kind of goes without saying. If nothing else, at least Taylor is finally doing something after years of living off that TV Title reign.

Post match the Promotions beat Beef down until the Workhorsesmen make the save. LFI run in to drop the Workhorsesmen though.

Billie Starkz vs. Viva Van

Starkz has to wrestle her way out of a wristlock as commentary says Starkz might still be in a Pure Rules mode. She's wrestled two Pure Rules matches ever and the most recent was about a month ago. Sweet goodness this Pure Rules stuff is making everything around here dumber. Van gets in a headbutt, followed by a running hurricanrana. A faceplant drops Van and Starkz hammers away but stops to yell at the referee (and at Van, whose face she hates). Starkz kicks her down but the Swanton hits raised knees. Not that it matters as she punches Van down and hits the Swanton for the win at 6:31.

Rating: C. The match was fine, but just hearing about the Pure Rules Title is getting annoying at this point. We're coming up on two months since the first tournament match, as well as six months since the tournament was first announced. It means next to nothing in the first place, but we keep having to hear

about it week in and week out. Drop the thing or just have the matches already, because this is turning into even more of a joke than it was in the first place.

We go to QTV, who talk about the Costco Guys getting challenged to a tag match at Full Gear. Big Boom AJ comes in and asks if QT Marshall is eating a chocolate cookie. Apparently this is his way of asking Marshall to be his partner.

Last week, Sareee and Alex Windsor won a tag match.

Spanish Announce Project vs. Logan Cruz/Tyshaun Perez

Angelico and Perez trade wristlocks to start and it's off to Serpentico with a top rope double stomp to the arm. Serpentico gets hiptossed onto Cruz but he's taken into the corner. Perez's standing moonsault gets two but a double belly to back suplex is escaped. Angelico comes back in for some kicks to the head, followed by a cloverleaf lock to make Cruz tap at 5:18.

Rating: C. For the life of me I do not understand the thinking with the Project. They're a fine enough team and yet they never do anything around here. Either put them into the title picture or stop putting them out here, because otherwise they're just making these shows longer week after week.

The Frat House invaded this week's Jacksonville Jaguars game.

We actually preview some of next week's show, including a quick video on Shannon Moore, who debuts next week.

Blake Christian is ready to beat up a has been like Moore.

IWGP Women's Title: Sareee vs. Alex Windsor

Sareee is defending. They fight over a lockup to start and Sareee goes to the ropes for an early break. An exchange of armdrags means it's a standoff so Windsor fires off a forearm.

Sareee is right back with a running dropkick but Windsor hammers her down. Some shots to the back have Sareee in trouble but she's right back with the Black Widow. That's broken up as well so Windsor sends her outside for a flip dive from the apron.

Back in and Sareee knocks her down again for a middle rope double stomp and two. Windsor knocks her right back down and the Sharpshooter goes on. Sareee is out of that again so it's time to trade forearms. Then they trade slaps until Sareee sends her into the ropes for the hard running dropkick.

A top rope double stomp gets two on Windsor, who plants her down with a powerslam for two more. Another Sharpshooter attempt is broken up so Windsor grabs a twisting superplex for another near fall. Sareee makes the rope and fires off a bunch of headbutts to put Windsor down. A Rock Bottom suplex finishes for Sareee at 13:42.

Rating: B. Good match here, and it's nice to actually see what Sareee can do instead of just hearing about it. She didn't get to do much of anything last week so it's nice to have her mixing it up in the ring this time instead. I could go with commentary not acting like the IWGP Women's Title is more important than either the AEW or ROH Women's Title, but at least the match was good.

We get a handshake to wrap up the show.

Overall Rating: B. The two feature matches were more than good enough to make up for the not so interesting midcard stuff. Ring Of Honor has its usual issues, which means it's no surprise that the best parts are either not from around here or taking place elsewhere. I'll take that for a one off show, but the usual ROH stuff was as uninteresting as ever.

Results

Bandido b. Hechicero – Leg trap rollup

Shane Taylor b. Beef – Right hand

Billie Starkz b. Viva Van – Swanton

Spanish Announce Project b. Logan Cruz/Tyshaun Perez –
Cloverleaf lock to Cruz

Sareee b. Alex Windsor – Rock Bottom suplex

Remember to follow me on Twitter and Bluesky @kbreviews and
head over to my Amazon author page with 30 different cheap
wrestling books at:

<http://www.amazon.com/Thomas-Hall/e/B00E6282W6>