

Ring Of Honor – March 5, 2026: The New Beginning Isn't New

Ring Of Honor

Date: March 5, 2026

Location: WJCT Studios, Jacksonville, Florida

Commentators: Ian Riccaboni, Caprice Coleman

And then everything changed. Apparently from now on, the show is going to be taped from this studio, with multiple weeks already in the can. That could make for some better focus around here, but there is also the chance that this is going to result in the shows being even longer with more mostly tossed out there matches. We can hope for the best though so let's get to it.

[Here are last week's results if you need a recap.](#)

Opening video.

Video on Persephone.

Persephone vs. Sara Leon

Persephone grabs a headlock to start and elbows Leon in the face to put her down. Back up and Leon's chops don't do much good, with Persephone taking over on the arm instead. A fall away slam sets up a hammerlock but Leon manages a headscissors into the ropes. Leon German suplexes her for two but Persephone is back with a missile dropkick for the same. A Razor's Edge doesn't work for Persephone so she hits a spear, followed by the Razor's Edge for the pin at 5:37.

Rating: C. Commentary kept hyping up Persephone's shot at the CMLL Women's Title on Friday so this was a glorified warmup match. Leon got in some offense here and did well enough, but

this was all about Persephone getting ready for Mercedes Mone. Not a bad match, but pretty much the same kind of thing that you would see on any of the older shows. That's hardly the best way to start off a new era, if if the match was ok.

Komander vs. Sidney Akeem

They take turns spinning out of wristlocks to start and we get a handshake, with Akeem pulling him into a waistlock. Akeem flips out of a sunset flip and hits a running Meteora to put Komander down. A running shooting star press gives Akeem two but Komander is back up with a spinning high crossbody for the same. Komander superkicks him to the apron, where Akeem pops up and over a baseball slide for a dive to the floor (geez). Back in and Akeem flips away from some shots but gets sent outside for a suicide dive. Cielito Lindo finishes for Komander at 5:55.

Rating: B-. The match was all over the place as Akeem continues to look like a human video game character. The kinds of things he can do in the ring are absolutely insane and while he's hardly a top star, there is pretty much no one else who can keep up with him. It's worth a look, especially with Komander being one of the few people close to what he can do.

Video on Bustah And The Brain (Jordan Oliver/Alec Price). They're described as "on the rise". Their career record in ROH/AEW: 0-5.

Top Flight vs. Grizzled Young Veterans

Their respective friends are here too. Darius takes Gibson down by the arm to start and they're quickly on the mat for a technical off. Back up and Darius hits a dropkick, meaning it's already time for a double tag. Dante comes in for a hurricanrana to Drake, who goes to the hair to pull Dante down. It's back to Gibson, who is taken into the wrong corner so Top Flight can pick up the pace.

Darius is back in and gets cut off on the apron, allowing Drake to elbow him in the face for two. A suplex gets Darius out of trouble and it's back to Dante to start flipping and kicking. The springboard high crossbody gets two on Drake with Gibson making the save. Everything breaks down and Isla Dawn jumps Zayda Steel on the floor. Darius is dropped as well as Steel fights back to go after Dawn. Back in and the double underhook double DDT finishes Gibson at 9:25.

Rating: B-. Another fun match, though forgive me for not believing that these teams are on the way up the ladder. Top Flight has been around for the better part of ever and never accomplished anything of note, which is rather frustrating. The Veterans aren't much better, but you can probably pencil in a six person tag out of this thing.

Post match Top Flight goes to leave but walk past Big Bill and Bryan Keith, apparently now known as Paid In Full.

Paid In Full vs. Darian Bengston/Kiran Grey

Keith throws his gear at Bengston to start and shoulders him down for two. Bengston's comeback is cut out with a spinning forearm to the face and it's off to Bill. A running splash in the corner hits Grey and Bill does it a second time for extra oomph. Back to back big boots finish Grey at 2:47. Total squash.

Video on Athena vs. Maya World, with a Proving Ground match being set for next week.

Josh Woods vs. Nathan Cruz

Pure Rules. An early cross armbreaker sends Cruz straight over to the ropes for his first break before Woods works on a hammerlock. Back up and Cruz is sent crashing out to the floor, with a suplex bringing him back inside. The armbar goes on again but this time Cruz takes him into the ropes, with Woods being pulled into them for a break. Not a Rope Break but

a break. A neckbreaker puts Woods down for two and a belly to back suplex gets two. Cruz's sleeper is countered into an armbar with Woods using his legs to make Cruz tap at 4:23.

Rating: C+. As usual, Woods looks good in these things and can do some rather impressive technical stuff, but it only gets him so far when he's barely ever around. If nothing else, it would be nice to see him go after the Pure Rules Title, just so it can be defended in a way that isn't "the challenger doesn't know the rules". That finisher certainly looked good as I can go for someone using a unique way to torture their opponent.

Tommy Billington and Adam Priest are going to get to the Swirl and Jay Lethal, but they have something else to do this week.

Tommy Billington/Adam Priest vs. Workhorsesmen

Priest uppercuts Henry down to start and it's already off to Billington. Drake breaks up a double suplex though and Billington is taken outside for a piledriver on the floor. Back in and Priest gets caught in the wrong corner. Drake gives him a suplex and it's back to Henry for some ripping at the face. Priest escapes but Billington is still down on the floor (that's nice to see for a change) and Drake hits Priest in the face again.

The villains take turns beating on Priest in the corner again but Billington is back in for the save. Everything breaks down and back to back dives take the Workhorsesmen down on the floor. Back in and Billington manages a rollup to pin Henry (that didn't look great as Billington seemed to let go early) at 7:45.

Rating: C+. At least Priest and Billington are getting a push and are in an actual feud. That's a heck of a lot better than what you would get otherwise, as there is something to be said about having two wrestlers actually doing something rather than running on the treadmill that is the tag division. The

Workhorses are good in their spots, but they're firmly locked into those spots and that isn't going to change anytime soon.

Mina Shirakawa vs. Zayda Steel

Christopher Daniels is here with Steel. Shirakawa slides into the dance to start so Steel goes around her for a quick spank and dance of her own. Back up and Shirakawa pulls her into something of a Texas Cloverleaf and drops her into a backbreaker. The block of the Figure Four is blocked and Shirakawa gets it on, with Steel making the rope rather quickly.

A neckbreaker gives Steel two and a running knee in the corner rocks Shirakawa again. They trade the big forearms until Steel hits a running elbow against the ropes, only for Shirakawa to do the same. A missile dropkick and the top rope Sling Blade give Shirakawa two but Steel is back with a dropkick. Shirakawa just decks her with a spinning backfist though and the Figure Four finishes Steel at 7:47.

Rating: C. Hey look: Steel loses again. That's almost all she does around here (and in AEW) and it's getting more and more difficult to care about her. I'm not sure how many more matches she's going to lose but odds are it's going to be several, all while she's "climbing the ladder" or whatever the latest term is around here.

Post match respect is shown.

Billie Starkz seems to have attacked Deonna Purrazzo and Athena says this is a message/warning to Maya World. Ignore that Purrazzo seems to be smiling her head off.

Bang Bang Gang vs. MxM Collection

Robinson sticks his finger in his nose for Mansoor's tip to tip touch, earning himself a hair pull. An armbar puts Mansoor down and into the ropes, meaning Robinson is back up with an

atomic drop. Gunn comes in and gets his eyes raked, only to hit Mansoor low. It's off to Madden to hammer on Gunn in the corner so Robinson makes a blind tag. The Gang starts taking turns to stagger Madden, who suplexes both of them at once.

Mansoor comes in to stomp away, with Madden adding the running hips to the face. A belly to back suplex puts Gunn down and a side slam/running legdrop combination gets two. Madden misses a middle rope elbow though and it's back to Robinson, who runs into a boot in the corner. Mansoor gets crotched on the top rope for some bouncing, with Madden hitting a double spear for the save. A double suplex drops Madden though and Mansoor gets thrown onto him. Robinson's forward DDT finishes Mansoor at 12:01.

Rating: C+. So I guess the Gang is another team who is being added to the rotating roster around here because that's what this place needs. Robinson is still a ball of charisma but as usual, there's only so much that can be done with Robinson and one half of the Gunns. The team just feels like some scraps thrown together and that isn't likely to go very far.

La Faccion Ingovernable brags about being undefeated as a tag team but they have to defend the belts. Therefore, it's open challenge time for any former Tag Team Champions to come after the belts. And there's the kind of thing that makes this weekly show feel useless. Commentary spends the entire show talking about how someone can win to move up in the title standings and all that, but instead it's "anyone can come get a shot". In other words, all of the previous matches mean nothing, because "eh screw it, open challenge time".

Lacey Lane vs. Robyn Renegade

Renegade takes over with the power game to start so Lane does a rather springboardy wristdrag. Lane hits some running kicks in the corner but Renegade is back with a springboard stomp of all things. A sitout gordbuster gives Renegade two but Lane is

back up with some running shots to the face. What looks like a Nightmare On Helm Street (which looked like it had a camera edit) gets two on Renegade, followed by something like an AA into a legdrop to finish for Lane at 5:17.

Rating: C. This was another match on a show with a lot of them. I'm really not sure what else there is to say here, as neither of these two have anything going on and it's hard to believe that they're going to have anything going on. Maybe Lane gets a TV Title shot or something, but it's not like there's any story there. That's the problem with so many matches around here, as they're just things that happen rather than matches that go anywhere.

Matt Menard vs. Shane Taylor vs. Lee Johnson vs. AR Fox

The winner gets an immediate title shot at a mystery championship and this is under elimination rules. Menard and Taylor start things off, with Taylor powering him into the corner. That has Menard bailing away a few times but getting dropped with a running shoulder. It's off to Johnson vs. Fox for an exchange of quick escapes and counters until Taylor comes back in. A Tower Of London to the floor plants Johnson hard but Menard is back in to slug away on Taylor. Everything breaks down and Taylor punches Menard in the jaw for the elimination at 6:09.

Taylor takes Fox into the corner but gets low bridged down to the floor. Fox dives over the top onto both of them but Taylor is back in for running splashes in the corner. That doesn't last long either though as Fox rolls Taylor up for the pin and elimination at 8:47. Johnson immediately rolls Fox up for some near falls, followed by Fox's tiger bomb for two more.

The Swanton hits raised knees though and they trade some rapid fire kicks. Johnson hits a brainbuster and they're both down (with their heads on the other's arms, which should probably

be a double pin. Johnson suplexes him hard and a frog splash gets two but Fox is back with a quick slam. The 450 gives Fox the pin at 13:34.

Rating: B-. This was another match that felt rather long and is designed to set up another match on this show, which feels rather crammed on at the end. Fox winning is a nice way to go as there is something to be said about having him fight like this and then win a title as a way to end the show. The other three were fine as well here and it was nice to see Menard getting hit in the face.

And now, a title match, with Fox pulling the announcement out of a box.

AEW International Title: Kazuchika Okada vs. AR Fox

Fox is challenging and we are again reminded that Okada is the greatest tournament wrestler of all time. I still have no idea what that has to do with a non-tournament match but that's what we need to be told over and over. Okada dropkicks him into the corner to start as commentary tries to say Okada is wrestling on short rest as well after winning the Trios Titles last night (despite him not having that belt or being announced as such due to the taping schedule).

Fox gets choked on the rope and a DDT plants him on the floor. Back in and another DDT gives Okada two but he misses a charge and gets sent to the apron. That means a running DDT from Fox, followed by a kick to the face. An Air Raid Crash onto the knee sets up the top rope elbow to give Okada two. Back up and Fox kicks him in the face, followed by a 450 for two more. Okada misses a few Rainmakers but his the dropkick, setting up the Rainmaker to retain at 5:44.

Rating: C+. Well that happened. The bigger star came in, beat up the tired challenger, kicked out of his finisher, and retained the title. It was deflating to have Fox lose like

that after his big win as it was little more than a quick loss. Maybe like, let the match be built up for a bit and get some time on another show?

Overall Rating: D+. Nope. I'm not sure what this was supposed to be, but it was more of the same mess that has gotten Ring Of Honor in its current place. This was supposed to be some new era of the promotion and NOT ONE OF THE EIGHT TITLES THIS SHOW HAS TO OFFER is on the line?

No no, instead your big moment is an AEW star coming in (unannounced of course) because Heaven forbid the Women's Title, World Title or even the Six Man Titles are defended (I mean, none of them have been defended since Final Battle, three months ago). Instead, it's the usual bunch of matches, most of which are just wrestling for the sake of wrestling. The show ran two hours because every single thing (even down to Josh Woods vs. Nathan Cruz and Lacey Lane vs. Robyn Renegade) absolutely had to be here.

Ring Of Honor isn't a wrestling promotion. It's Tony Khan getting to pretend that he owns two promotions because he thinks it's impressive while putting on the least important weekly show he can imagine. As usual, this absolutely isn't a problem from the wrestlers, but rather spending two hours with almost nothing involving Ring Of Honor taking place. I'm sure TV is coming though. Any...what is it, year now?

Results

Persephone b. Sara Leon – Razor's Edge

Komander b. Sydney Akeem – Cielito Lindo

Top Flight b. Grizzled Young Veterans – Double underhook double DDT to Gibson

Paid In Full b. Darian Bengston/Kiran Grey – Big boot to Grey

Josh Woods b. Nathan Cruz – Leg armbar

Tommy Billington/Adam Priest b. Workhorsesmen – Rollup to Henry

Mina Shirakawa b. Zayda Steel – Figure Four

Lacey Lane b. Robyn Renegade – Fireman's carry slam into a

legdrop

AR Fox b. Shane Taylor, Lee Johnson and Matt Menard last eliminating Johnson

Kazuchika Okada b. AR Fox – Rainmaker

Remember to follow me on Twitter and Bluesky @kbreviews and head over to my Amazon author page with 30 different cheap wrestling books at:

<http://www.amazon.com/Thomas-Hall/e/B00E6282W6>