

# Impact Wrestling – April 16, 2026: Hitting The Ground Running

## Impact Wrestling

Date: April 16, 2026

Location: Upstate Medical University Arena At The Oncenter War Memorial, Syracuse, New York

Commentators: Tom Hannifan, Matthew Rehwoldt

We're done with Rebellion and that means we should be in for a big time fallout. Mike Santana is still the World Champion after dispatching Eddie Edwards and the Hardys FINALLY lost the Tag Team Titles, oddly to the System. There is a lot of fallout to cover here, including a heck of a return to the ring so let's get to it.

[Here is Rebellion if you need a recap.](#)

We open with a long Rebellion recap, covering pretty much everything.

Opening sequence.

Here is Nic Nemeth, who stumbles down the ram, to join commentary on the opening match.

## KC Navarro vs. AJ Francis

The much bigger Francis shoves him down to start but it's too early for the Down Payment. Navarro knocks him outside but a dropkick is countered into a faceplant onto the apron. Francis posts him and then fires Navarro into the corner back inside. For some reason Navarro tries an Angle Slam and is promptly LAUNCHED with an AA.

A jawbreaker and dropkick work a bit better for Navarro and he

hits some running dropkicks in the corner. They go up top and a super Angle Slam actually connects to give Navarro two. Francis Pounces him though, which lets Francis yell at Nemeth. That's enough for Nemeth to get up, which allows Navarro to grab a rollup for the pin at 7:04.

**Rating:** C+. Navarro is back with a quick win and that's a good thing to see. At the same time you have Francis ticked off at Nemeth, which should work out well for both of them. It's certainly a step up for Francis to go after a star like Nemeth, though I'm wonder what is next for Navarro as well. He's been gone for so long and was never a singles star, though he might just be lost in the shuffle again.

EC3 talks about carrying the company through its darkest time and then leaving for a long time. Now he's back, and has to deal with Eric Young. What a great way to start.

Here is the System, once again with Alisha Edwards, for a chat. They're happy to have the Tag Team Titles but Eddie Edwards blames Moose for not being the World Champion. Alisha mocks Moose for being stupid (even though he knew she was doing) and Cedric Alexander wants the X-Division Title.

Cue Leon Slater, who asks when Alexander will shut up. Moose comes in to insult all of them, who he finds to be b\*\*\*\*\*. Slater wants a match right now but here is Daria Rae to say no but Slater says Santino Marella would do it. That's enough for Rae to make the 4-2 handicap match for later.

We look at Frankie Kazarian cheating to beat Elijah at Rebellion.

Elijah comes in to see Daria Rae, who wants to face Kazarian again. Rae calls Kazarian, who says no. End of discussion.

## **Tasha Steelz vs. Jada Stone**

The rest of Order 4 is here with Steelz and Mustafa Ali brags

about his win at Rebellion. He's a champion who doesn't need a second chance so he's GIVING a second chance, in the form of an open challenge for his newly won International Title. Stone storms the ring and we're ready to go. They slug it out at the bell with Stone headscissoring her into the corner. Steelz bails to the floor and manages to post Stone to take over. That means some posing from Steelz and we take a break.

We come back with Steelz suplexing her for two and grabbing a camel clutch. That doesn't last long so Steelz stomps away in the corner instead. Stone fights up and scores with a middle rope Meteora into a split legged moonsault. Steelz is right back with a neckbreaker and a German suplex but Stone gets in a facebuster. Ali offers a distraction though and Steelz grabs a middle rope cutter for two. The referee tosses Order 4 so Stone superkicks her into the Spark Stunner for the pin at 13:17.

**Rating:** B-. They had a good back and forth match here and it got some time. The other good thing is you can see Stone being treated as someone who could become a star. That is something that is always welcome, as the division needs some fresh blood. I don't know if that's going to be Stone but at least she's getting some attention.

We go to the Undead Realm where Rosemary finds Joseph Park. He's looking for his brother ("You know") Abyss but is so happy to see Rosemary that he gives her a hug. Park is going to do something for her (she seems pleased) and is off to work on it. We cut to Tessa Blanchard trying to find her way out and beating up some women before running off. To be continued.

Nic Nemeth and KC Navarro are happy with his win but the System comes in for some mocking. Nemeth is ready to fight Bear Bronson any time.

Here is Mike Santana for a chat. He's put down every former World Champion he's faced so now he wants to issue a challenge

of his own. There is someone else back there who has turned his life around so he wants Rich Swann out here. Swann asks if this is a good idea because he's in the best shape of his career and is ready to fight all night long. Santana says the people have spoken and he's ready for the title match next week. It seems to be on.

Lei Ying Lee talks about falling in love with wrestling and gaining a friend in Xia Brookside. She doesn't know why Brookside abandoned her.

Brookside has nothing to say.

### **EC3 vs. Eric Young**

Young jumps him from behind to start fast and the brawl is on, with EC3 getting beaten up on the floor and inside. EC3 fights up and runs over Young and the referee, which is enough for the no contest at 2:31. Well that's odd.

Post match Young wraps a chair around EC3's neck and sends it into the post.

Back in the Undead Realm, Rosemary runs into a masked man named Frank, who is holding an ax. They have a chat about his mother and he goes on his way. Mara Sade and Allie discuss vegan options and run into a woman who teleports around them. They aren't impressed and move on.

Tessa Blanchard finds Rosemary and wants out so the fight is on, with Blanchard beating her up and tying her to a chair. Allie and Sade come in and untie her, with Rosemary finding it funny. Allie gives chase and we cut to Blanchard and her friends escaping, as James Mitchell lets them out. The teleporting woman comes in and Mitchell introduces himself to her. Hannifan: "What the h\*\*\* is going on?"

In the arena, Blanchard, Mila Moore and Victoria Crawford crawl out from underneath the ring...but the lights go out and

Rosemary and Mara Sade are here for the brawl. Sade is beaten down but Rosemary isn't worried. The lights go out again and Allie is back to quit the reaction.

The Hardys swear vengeance on the Righteous. Brokenness is teased.

## The System vs. Moose/Leon Slater

Alisha Edwards is here with the System. Slater and Alexander start things off but the numbers game lets Alexander get in a shot from behind. Moose (who played college football here) comes in for a backslash and sends Bronson outside. Myers spears Bronson by mistake and Moose powerbombs Alexander onto the two of them. Slater busts out the big dive and Moose spears Alexander back inside.

Myers makes the save and Edwards hits a Boston Knee Party to put Moose down. Bronson sits on Moose's chest for two and Edwards ties up his leg. Moose fights out and drops Edwards, allowing the tag off to Slater. Some running boots in the corner connect but Edwards pokes Slater in the eye. Alexander frog splashes Slater for two and Moose accidentally takes out a security guard on the floor. Back in and Alexander reverses a rollup into a Lumbar Check to pin Slater at 7:50.

**Rating:** B-. This was pretty much what you would have expected here, as there was no reason for Slater and Moose, as great as they are, to overcome these odds. The ending is a fine way to give Alexander another shot, as Slater is less than a month from the longest reign in history. It's a star studded main event, which went exactly as you probably thought it would have.

Commentary gives us a recap of the night (not a bad idea) to end the show.

**Overall Rating:** B-. There was a lot to like here, as they set up something with Slater vs. Alexander II, plus Nic Nemeth

possibly getting in on the battle against the System. Throw in the women getting out of the Undead Realm and things are looking up. I liked this show a good deal and it's nice to see them hitting the ground running after a pay per view for a change.

### Results

KC Navarro b. AJ Francis – Rollup

Jada Stone b. Tasha Steelz – Spark Stunner

EC3 vs. Eric Young went to a no contest

The System b. Moose/Leon Slater – Lumbar Check to Slater

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