

NXT – April 28, 2026: Nice To Meet You And You And You And You

NXT

Date: April 28, 2026

Location: Capitol Wrestling Center, Orlando, Florida

Commentators: Vic Joseph, Booker T.

We're in a big period of transition around here as a bunch of stars have either been released or promoted up to the main roster. That's going to require a lot of switching around and there is a chance that some stars will be moved over to NXT on a regular basis. Either way, they're going to need the help so let's get to it.

[Here are last week's results if you need a recap.](#)

We open with a Revenge recap, featuring a bunch of stars who are now gone.

The bosses (Shawn Michaels, Robert Stone and Matt Bloom) go over the stars who have left, with Stone saying we need some fresh names involved. Michaels says this is what NXT does and Stone is told he can take his time and pick someone...or throw a stick of dynamite in the locker room and see what happens. Stone gets the idea.

North American Title: Saquon Shugars vs. Myles Borne

Shugars, with the rest of Darkstate, is challenging. We get the Big Match Intros and Shugars sends him into the corner. Borne is back up with a release suplex and Shugars bails to the floor, where Borne hits a big running flip dive. Back in and they fight over a backslide, with Shugars flipping him

over onto the top rope. Borne gets pulled throat first into the turnbuckle (which has been exposed), followed by a dropkick through the ropes.

We take a break and come back with Shugars dropping a leg and grabbing a chinlock. That's broken up and Shugars kicks him in the back before taking him up top. The belly to back superplex is reversed into a crossbody to give Borne two and they get back up. Borne gets two off a backslide, plus an Eye Of The Hurricane for the same. Darkstate gets on the apron so Lennox grabs a chair, but Shugars waves him off, saying he wants to win. Borne sends them into each other and a slingshot Borne Again retains the title at 10:02.

Rating: B-. Darkstate's days seem to be numbered and that's a good thing, as there doesn't seem to be much to them these days. Shugars got to have a good match here before dealing with the Borne stuff in the end. At the same time, Borne gets to beat Darkstate in back to back weeks, which is a nice way to make him look like a star.

Post match Borne celebrates but Tristan Angels (from Evolve) pops up in the crowd to say he'll be around more often. Cue Kam Hendrix (also from Evolve) to jump Borne and lay him out.

Kendal Grey and Wren Sinclair are in the back, talking about all of the incoming talents. Kelani Jordan come in to say she's not impressed and gets mocked for her recent losses. Jordan says Grey is going to turn on Sinclair, with Sinclair issuing the challenge for tonight.

Video on Tony D'Angelo.

Here is Tony D'Angelo for a chat. He says he has been the constant around here and no one on the roster is tough enough to take the title from him. That includes whomever sent him that box last week. You have people from all over jumping stars, Europeans stepping up and Keanu Carver staring him down. He knows the box was a warning...and the lights go out.

It's...a guy in a rather big robe with his face covered. He gets in the ring and the fans seem to think he's (very nice, very) EVIL. The man hands him a rolled up something (appears to be a shirt) and unmask as Evil (the former IWGP World Champion, rumored to have signed with WWE). D'Angelo unwraps the shirt, which has the same symbol as the box from last week. The unnamed Evil leaves and cue Tavion Heights to suplex D'Angelo. An unnamed (looked to be Progress' Will Kroos) man runs in to moonsault D'Angelo.

Shiloh Hill and Tatum Paxley bury Blake Monroe, apparently ignoring that she's due to debut on Smackdown? Paxley talks about her issues with attachments and Hill says he's set up a simulation to find out how Ricky Saints does his moves. They seem to get along well, but he needs to go get ready. She's going to enjoy the scenery. In the graveyard.

Here is Birthright, who show a clip of the team attacking Dorian Van Dux. Apparently he can't be in their scheduled match, so here is EK Prosper (Van Dux's partner) to run in on his own. That earns him a beatdown but Sean Legacy runs in for the save.

Birthright vs. Sean Legacy/EK Prosper

They start fast with Legacy kicking Connors in the back for two and it's off to Prosper for a double dropkick. A cheap shot knocks Prosper to the floor though and Birthright hit dives as we take a break. We come back with Legacy fighting out of trouble and hitting a reverse implant sitout DDT. It's back to Prosper as everything breaks down. Connors hits a Swanton but it's Legacy coming back in to hit Shambles for the pin at 9:24.

Rating: B-. Another nice match here, with Legacy actually managing to get a pin for a change. I'm hoping Van Dux isn't seriously hurt though, as I was digging what I had seen from him thus far. The same is true for Prosper, who is quite the

athlete, though I'm not overly sold on Legacy. As for Birthright...well you pretty much know what you're getting with them.

Post match the beatdown is on again but Evolve's Tate Wilder (he's a cowboy) runs in for the save. Wilder tries a shooting star off the apron but lands on his feet and has to settle for a double clothesline.

Jaida Parker and a bunch of the other women talk about the incoming women when Kali Armstrong comes in to say they're all scared. She's the difference maker around here and if that starts with Parker, so be it. Parker is not taking that sitting down and they're held apart.

Shawn Michaels announces that the NXT Premium Live Events will be airing on the CW, starting this summer.

We look at Izzi Dame taking out Lola Vice last week.

Robert Stone welcomes Tate Wilder to NXT. Lola Vice pops in to say she's going to call out Izzi dame.

Here is Vice in the ring and she gets straight to the point by calling out Izzi Dame. Shawn Spears pops up on the screen for a distraction as the Culling appears behind Vice. She says they got her...and Mr. Iguana (her partner in AAA) pops up for the save.

Saquon Shugars and Dion Lennox are arguing again but are calmed down with talk of getting the Tag Team Titles.

Lizzy Rain vs. Nikkita Lyons

Rain is here to make sure that heavy metal never dies. Before the match, Lyons says Rain is too loud so it's time to quiet her down. Lyons shoves her down to start but Rain is back up with a springboard elbow. Back up and Lyons kicks her in the head, followed by some forearms. The splits splash connects and Lyons grabs a cobra clutch. Rain fights up and makes the

clothesline comeback, followed by a cutter. Lyons is sent into the corner for the chops (fans: "MAKE IT RAIN!") and a pop up kick to the head (Thunderstruck) finishes for Rain at 4:20.

Rating: C. Oh...yeah I'm not sure about Rain. Thunderstruck is a great name for a finisher but the whole Heavy Metal thing feels like a weird blast from the past and not in a good way. Maybe she'll have it tweaked a bit, but this wasn't the best debut. Then again it's not like Lyons has anything going for her either.

Tavion Heights comes up to Myles Borne, who wants to know what was up with Heights attacking Tony D'Angelo. That's not the Heights he knows, but Heights asks how it's different than Borne attacking Ethan Page. Borne backs off a bit and talks about the stars who are coming in. Heights says you can add his name to the dangerous ones. Heights leaves and Keanu Carver comes in to say there are a lot of sharks around here, but he's the Great White.

The Vanity Project talk about how things are changing around here and Jackson Drake says he feels like he's on top of the world thanks to Micah (the woman he met last week). Jasper Troy isn't impressed and wants a match next week.

Wren Sinclair vs. Kelani Jordan

Non-title and Kendal Grey is here with Sinclair. They go to the mat to start with Sinclair grabbing an early leglock. Jordan has to nip her way out of a headscissors, only to get pulled into a headlock. Back up and Sinclair runs her over again, with Jordan heading into the corner. Sinclair misses a charge and gets tied in the ropes, where she avoids a springboard legdrop. Sinclair's dropkick off the apron connects but Sinclair comes up favoring her knee.

We take a break and come back with Jordan working on the bad leg but Sinclair rolls her up for two. Sinclair fires off some rather loud chops and another rollup gets another two. Jordan

is sent to the apron, where she comes back with a spinning springboard cutter. A frog splash hits raised knees though and the Final Wrench goes on, only for Sinclair's knee to give out. Jordan puts her down and hits One Of A Kind for the pin at 10:58.

Rating: B-. This was a pretty standard story and it worked well, with Jordan working on Sinclair's bad knee to set up her usual stuff for the ending. Sinclair was doing everything she needed to in there and it made for a good match. Jordan isn't the most interesting star, but she's a heck of an athlete and has the in-ring side of things well in hand.

Video on Zaria, who has ended Sol Ruca once and for all. Now she is ready to destroy everything in her way.

Video on Ricky Saints vs. Shiloh Hill.

Here's what's coming next week.

Shiloh Hill vs. Ricky Saints

Saints jumps him from behind to start and chokes in the corner, followed by some stomping as well. Hill ducks an enziguri though and drapes him over the top to hammer away. Saints 619s him from the apron and Hill bails underneath the ring. He gets pulled out by the boot...and it's a dummy, allowing Hill to get in a flip dive off the steps. Hill dances with the dummy (who wears a hockey mask) and we take a break.

We come back with Saints hitting a tornado DDT for two and mocking Hill. Back up and another tornado DDT is countered into a tilt-a-whirl slam but Saints pulls him into a choke. With that broken up, Saints spears him down for two and it's time to slug it out. Hill gets the better of things and goes up but Saints kicks the referee into the ropes for the crotching.

Something like a super Jackhammer gives Saints two so he slaps

the tooth out of Hill's mouth. That just wakes Hill up so he crotches Saints down to break up the dancing Old School. Saints is knocked to the floor, where he hits a Roshambo...and goes after a chair. The referee takes that away and Hill sends him into the chair. Whisper To The Beast finishes for Hill at 12:05.

Rating: B. That's easily the biggest win of Hill's career and it might be the kind of step up to the next level. I'm not sure he's ready to be a main eventer, but at least he got a win over a former NXT Champion. That's what they need around here and it's certainly better than nothing. Sure Saints has already been announced for Smackdown but still.

Post match Hill, with the dummy, celebrates in the crowd.

Tony D'Angelo goes to see the bosses and says he loves the chaos. Shawn Michaels says it's time for him to prove it. Hill: "LET'S F***** GO!" I was expecting a big debut to end the show but this week was already packed.

Overall Rating: C+. Oh boy this was something else. They had A LOT of rebuilding to do and in this case they seemed to want to do it all in one night. That only works so well, but they seemed to be going with the theory of "get people on the show so fast and figure the rest out later". That's certainly an idea, but it's only so interesting of a way to go for two hours. We're absolutely resetting things around here again and as Michaels said, that's kind of how this place works. We just need to see where it goes from here, though it was quite the all over the place start.

Results

Myles Borne b. Saquon Shugars – Slingshot Borne Again
Sean Legacy/EK Prosper b. Birthright – Shambles to Stacks
Lizzy Rain b. Nikkita Lyons – Thunderstruck
Kelani Jordan b. Wren Sinclair – One Of A Kind
Shiloh Hill b. Ricky Saints – Whisper To The Beast

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