

Impact Wrestling – May 14, 2026: By Definition?

Impact Wrestling

Date: May 14, 2026

Location: Sacramento Memorial Auditorium, Sacramento, California

Commentators: Tom Hannifan, Matthew Rehwoldt

It's another live show this week and the card is pretty stacked. On the docket this week, we have a street fight and a 2/3 falls match as Leon Slater defends the X-Division Title against Cedric Alexander in a bid to become the longest reigning champion of all time. The live shows have been hit or miss and I'm hoping they make it work here. Let's get to it.

[Here are last week's results if you need a recap.](#)

The opening video looks at Leon Slater's near record setting X-Division Title reign, with only Cedric Alexander standing in the way of the record.

Opening sequence.

Battle Royal

Eddie Edwards, Bear Bronson, Brian Myers, Elijah, Mr. Elegance, Mustafa Saed, BDE, Eric Young, Vincent, Dutch, Frankie Kazarian, Home Town Man, Agent Zero, John Skyler, Jason Hotch

For a future World Title shot against Mike Santana and yes that is the same 62 year old Saed from ECW. Saed uses a bunch of weapons to start, gets in a fight with Zero, and is tossed. Good grief let the ECW thing die already. Anyway Zero and Dutch get in a fight and are both tossed. Elegance gets rid of BDE and poses, only to get tossed by Man. The System tries to get rid of Man, who backdrops Myers out instead.

Hotch gets knocked outside onto the steps (as moved by Zero) but pops back up onto the apron. A jumping knee knocks him out again as they're certainly moving here. Kazarian tosses Man out of the corner but gets eliminated as well. Elijah faces off with the System but gets grabbed by Kazarian. That's fine with Elijah, who backdrops the System out and before slugging it out with Young on the apron. A low blow gets rid of Elijah to give Young the win at 4:57.

Rating: C. Well they made good time. If you have a bunch of people who have no real chance of winning and a few stars in there, at least they didn't waste time with all of the nonsense. That being said, Eric Young? That might actually be worse than bringing ECW, ahem, legends, out of mothballs again and again.

Leon Slater says this isn't just another title match tonight because it's his chance to rewrite the record books. The Hardys come in to offer some words of encouragement.

Mustafa Ali yells at Order 4 for losing and says the International Title open challenge is back next week.

Eric Young promises to win the World Title. That has to be illegal in multiple states yes?

Here is Lei Ying Lee for a chat. Last week was the greatest night of her life and she got the Knockouts Title back. She is so proud of herself for bringing the title back to TNA and while her English isn't the best (her words), she wants to say thank you from the bottom of her heart. Cue Xia Brookside to interrupt, saying she wants the title. Lee rants in Chinese and translates to English, saying they can do this right now. Brookside says no and calls her a b**** in Mandarin.

The System promises to take out Moose and Cedric Alexander is getting the X-Division Title tonight.

Keith Jardine, star of an upcoming movie, is here but the

Elegance Brand interrupts. Jardine isn't impressed so Mr. Elegance gets in Jardine's face. And then security gets them apart. Ok then.

AJ Francis vs. KC Navarro

Street fight and Chris Caray (the great grandson of Harry Caray and a fourth generation MLB announcer is on commentary). Navarro avoids a charge to start and kicks him in the face but gets knocked down without much trouble. They get inside where the Down Payment is countered and Navarro hits the 305. A suicide dive is pulled out of the air but Navarro keeps spinning into a tornado DDT. The table is set up on the floor and Navarro uses a chair before sending him into the steps.

We take a break and come back with Francis posting Navarro and stealing the baseball bat that Caray brought for protection. Navarro takes it away and finds an Athletics (the team Caray broadcasts and local to Sacramento at the moment) helmet. With Francis down in the corner, Navarro takes a swing at the air, runs around the corners, and dropkicks a trashcan into Francis.

A Fameasser gives Navarro two and he throws in a bunch of chairs. The chairs are set up but Francis gets in a bat shot, only for the super Down Payment is countered into a cutter onto the steps. Francis boots him down and hits the Down Payment over the top through the tables at ringside. What's left of Navarro is thrown back inside and pinned at 15:01.

Rating: B-. I'm a big baseball fan so this was a nice little meeting of the two words. I'm not sure on Navarro being so obsessed with revenge that he had the time to stop for the home run deal but it was fine enough. That chokeslam at the end looked great and Francis can move on to something else. Caray was actually pretty good on commentary, as he might not have known much about what he was seeing but he made some nice comparisons to baseball and certainly sounded like he was

interested. That's a lot more than some guest broadcasters do.

We look at Leon Slater winning the X-Division Title last year at Slammiversary.

Here is Mike Santana for a chat (you might not want to have him walk through so many empty seats). Santana talks about his actions and words matching up and now he has a challenger. He's facing Eric Young, who helped build this place, but Santana is the one who helped build this place in the AMC era. This brings out Daria Rae, who says the next challenger is actually Steve Maclin next week.

No she didn't explain this to Santino Marella, but here he is to interrupt. He likes the title match, but he has his own announcements. First, Indi Hartwell has re-signed with TNA. Marella is also proud of Lei Ying Lee but Rae brings up Marella's issues with Arianna Grace. Santana cuts them off and says he'll beat anyone to keep his title. Rae has got to drop the SHUT UP I'M TALKING thing as it's one of the worst catchphrases I've ever heard.

Myla Moore/Victoria Crawford vs. Rosemary/Allie

Tessa Blanchard and Mara Sade are here too. Rosemary backs Moore into the corner to start and Allie gets in a bite from the apron. Allie comes in to scream a lot and hits a running corner clockwise. Moore chokes her in the ropes though and it's off to Crawford for a chinlock. Allie gets double kneed in the corner but comes out with a neckbreaker. Rosemary comes in to clean house and it's a double Upside Down. Sade takes Blanchard out on the floor and Allie drops Moore next to her. Back in and As Above So Below finishes Crawford at 6:26.

Rating: C+. It's so nice to have Allie and Rosemary back, as it gives Rosemary something to do and Allie has been gone for far too long. The Undead Realm stuff was kind of weird but the division needed some fresh blood. It helps that the two of them are long established names so they come in with an

advantage.

Video on Leon Slater.

The Broken Hardys are ready to delete the Righteous.

X-Division Title: Leon Slater vs. Cedric Alexander

Slater is defending in a 2/3 falls match. They trade some rapid fire strikes in the corner until Slater reverses the Lumbar Check into a rollup for the first fall at 35 seconds. We take a break and come back with Slater getting whipped into the Tree Of Woe. Alexander pulls him into a backbreaker for two and we hit the chinlock. Slater isn't having that and makes the clothesline comeback, including a spinwheel kick.

A high crossbody gives Slater two and they trade some rollups for two each. The Michinoku Driver gives Alexander two more but Slater knocks him into the corner. That just earns Slater the Lumbar Check to tie it up at 10:41 total. We take another break and come back again with both of them pulling themselves up. Slater sends him outside for the big flip dive over the corner, followed by a super Styles Clash for two back inside.

They head outside, where Alexander lawn darts him into the steps but stops to hold up the belt. Slater is rather busted open but he's able to get two off a small package. Alexander's brainbuster gets the same and another Lumbar Check gets another two. Slater knocks him down but misses the Swanton 450. Two more Lumbar Checks give Alexander the title at 22:11 total.

Rating: B. Well it certainly felt big, mainly because the match was treated as a huge deal. That's what it needed to be, as Slater has been an outstanding champion. The good thing is Slater is a made man after his title reign and very well could move on to the World Title picture. Either way, good match here, and I'm not expecting Alexander to hold onto it for very long. Rather good main event here, with the atmosphere helping

a lot.

Post match....Fabian Aichner (Giovanni Vinci) of all people shows up to stare Alexander down to end the show. That's the kind of moment that really doesn't need to be ending a show this big. Aichner was never a huge deal in WWE and while that could be better here (it can't be worse than his Vinci stuff), this comes off as "he used to be in WWE so bring him in". Him being here is good, but it's definitely not a big closing the show with a surprise moment.

Overall Rating: B. The show did feel big and the main event mixed with the better than expected street fight brights it up. That being said, TNA has a very odd definition of a big moment/surprise and that was certainly on display again here. It's a good show, though Aichner coming out at the end was more of an "uh, ok?" moment than a "whoa".

Results

Eric Young won a battle royal last eliminating Elijah.

AJ Francis b. KC Navarro – Down Payment through tables

Rosemary/Allie b. Victoria Crawford/Myla Moore – As Above So Below to Crawford

Cedric Alexander b. Leon Slater 2-1

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