

Ring Of Honor – May 14, 2026: All At Once Now

Ring Of Honor

Date: May 14, 2026

Location: SoFi Center, Palm Beach Gardens, Florida

Commentators: Ian Riccaboni, Caprice Coleman

It's the night before Supercard Of Honor and this is the second Ring Of Honor show of the week. The bonus show from Tuesday was a big preview for Supercard and it worked out pretty well. There is a good chance that this will be a slightly longer version of that, though the TV Title is on the line here. Let's get to it.

[Here is Tuesday's show if you need a recap.](#)

Opening sequence.

Maya World/Lacey Lane/Yuka Sakazaki vs. Marina Shafir/Athena/Billie Starkz

Athena flips out of Sakazaki's hiptoss to start and they're already in a standoff for a handshake. Shafir comes in and easily takes Sakazaki down so it's off to Lane, who has to escape a choke. We get the fight over a six woman suplex with Athena's team getting the better of things. Everything breaks down and Athena holds up World and Lane at the same time until a superkick knocks them all down.

Sakazaki gets caught in the wrong corner and Athena hammers away but also runs over to the corner to knock the other two off. Starkz comes in for two but Sakazaki fires off some elbows to Athena. That's not enough for the tag though as Sakazaki gets pulled back into the middle.

A discus forearm drops Athena so Shafir comes in, leaving

World and Athena to brawl on the floor. Sakazaki gets over for the tag to Lane, who cleans house and Death Valley Drivers Lane for two. Shafir and World brawl on the floor until Sakazaki takes them both out with a dive. Lane and Starkz trade kicks to the head with Starkz getting the better of things. The Swanton connects but Athena tags herself in and steals the pin at 11:28.

Rating: B-. Take a bunch of people in a title match and put them into a six woman tag with a few others thrown in to fill out the card. It's a good preview for the match and Athena gets to look strong on her way into what is probably her toughest title defense to date. Athena almost has to lose tomorrow night I've been saying that for...years now?

Tommy Billington/Adam Priest vs. Death Riders

Of course it's Wheeler Yuta/Daniel Garcia and Jon Moxley/Pac are with them. Garcia takes Billington down and gives him a quick kick, which has Billington annoyed. Priest comes in and Garcia hands it off to Yuta, likely out of fear. A double suplex drops Billington ribs first onto the top rope and a knee drop gives Garcia two. Yuta ties up the leg and Priest gets knocked off the apron to prevent a tag that wasn't even being attempted.

Billington pops up and runs over for the tag (that was sudden), allowing Priest to clean house. The half crab goes on and Yuta's kicks just annoy Priest, who grabs the same hold on him instead. Priest lets go to slug it out with Garcia and Yuta's running knee misses. Billington gets piledriven and an STO/running knee combination finishes Priest at 10:37.

Rating: B-. This is a good example of a technically acceptable match which wasn't overly interesting because neither team is doing anything. Billington and Priest had that feud with the Lethal Twist to boost them up a bit and now they're stuck in the same place as so many other teams. On the other hand you

have Garcia and Yuta, who are on every hand because the Death Riders have to be involved in everything.

Added to Supercard Of Honor: Mark Davis defending the AEW National Title against Xelhua.

Satnam Singh vs. CD Bennett/James Tapia

Singh throws them around and hits the double crossbody before shrugging them off again. The double chokeslam finishes for Singh at 1:32. This is something that is mainly for the live audience so they can see the giant but since EVERYTHING MUST BE FILMED AND AIRED around here, this is what we get.

Angelico vs. Josh Woods

Pure Rules. They fight over arm control to start with Woods spinning around and grabbing a snapmare. Angelico grabs the arm and that makes Woods accidentally back into the ropes for the first break. Woods is mad enough to drive Angelico into the corner and then plant him down, where Angelico gets in a kick to the head. That's shrugged off and Rolling Chaos Theory finishes Angelico at 3:44.

Rating: C+. Yeah cool. Now that Woods has been built up as the most amazing technical wrestler anywhere, how many months do we wait before he gets his title shot? I'm going to go with fewer than whomever gets the random title match at the pay per view, because Ring Of Honor likes to play the REALLY long game with title shots. Or they do the opposite and hand them out at random. Either way, there is pretty much no need for one Pure Rules Title, let alone two.

Post match Woods goes after the arm and beats up Serpenticico as well. Nigel McGuinness runs in for the save, but Woods bails from the threat of a fight.

Red Velvet talks about going way back with Viva Van and knows how hard Van has worked to get here. Velvet has carried this division on her back (What division?) and it's time for Van to

step in the ring with the backbone of this division (WHAT DIVISION?). Yeah that's all well and good. Forgive me for not thinking that someone who is 1-17 in Ring Of Honor is a threat to the title.

Six Man Tag Team Titles: Eddie Kingston/Ortiz/Mance Warner vs. Shane Taylor Promotions

The Promotions are defending and it's a big brawl before the bell. Ortiz and Bravo start things off and it's off to Warner for some Snake Eyes. Kingston comes in to shoulder Taylor to no avail so Kingston goes with a shot to the face instead. A suplex doesn't work though and Taylor takes him into the corner for some clubberin.

Dean adds a Bronco Buster into a chinlock, with Kingston getting back up. Kingston chops away at Taylor and manages to plant him off a charge. Warner comes in to clean house, including the big poke to Bravo's eyes. Everything breaks down and Warner's running knee gets two on Bravo. Christian XO offers a distraction though and it's a belly to back suplex neckbreaker combination to finish Warner and retain the titles at 8:52.

Rating: C+. This was every "champions vs. thrown together team" title match that you would see. It's the same idea of most of the Pure Rules Title matches: the champions are more experienced and know how to do this kind of match so they retain the titles. If only there were a few challengers who had done this same kind of match over and over as well, they might actually have some more interesting challengers.

Video on Blake Christian vs. Bandido.

Blake Christian vs. Evil Uno

This is Christian's first singles match in Ring Of Honor this year and he has the rest of the Lethal Twist with him.

Christian jumps him to start fast and gets knocked into the corner for some rapid fire clotheslines. Uno's piledriver is countered with a backdrop though and Christian gives him a basement dropkick out to the floor.

Back in and a springboard elbow puts Uno down and Christian gets to talk trash. Uno comes back with a running boot into a DDT for two, only for Christian to send him into the ropes. Christian puts on the Bandido mask but the 21 Plex is blocked. Instead it's a Lethal Injection into a Shining Wizard into the Vanilla Choke Zero to give Christian the win at 4:15.

Rating: C. Well, it's better than not having him wrestle before the title match. I have no idea why I'm supposed to care about Christian's singles success when he hasn't done it for about five months but that's the likely co-main event for the show. Uno was just cannon fodder here and that's what he should be in bigger matches.

Post match Christian promises to win the World Title.

Lee Moriarty gives Ace Austin a Pure Rules Title shot.

Austin is undefeated in Ring Of Honor and even though he's lost in AEW, he's getting better! It's inevitable that he'll be a champion and it will happen tomorrow.

Deonna Purrazzo vs. Kaci Lennox

Non-title Pure Rules Proving Ground match. The bigger Lennox tries to go with the power to start but has to get out of a piledriver attempt. Back up and Lennox knocks her into the corner for some trash talk, followed by a clothesline for two. Purrazzo has had it with this though and pulls Lennox into the Fujiwara armbar for the win at 3:36.

Rating: C-. This was in fact Purrazzo doing the Pure Rules thing that she has proven she's great at for...like a year plus now? I'm really not sure why we needed to see her do it again

and the match didn't have time to get anywhere. At least Purrazzo has an actual feud coming up at Supercard, which puts her further than most of her other title defenses.

Post match Diamante runs in and hits Purrazzo with the belt before giving her a Fujiwara armbar.

Outrunners/Dalton Castle vs. Baby Keef/Charlie Malachite/Xander Maddox

Magnum and Malachite fight over a headlock to start until Magnum chops him into the corner. For some reason Keef comes in to try some shots to the back, meaning the Outrunners get to beat up all three of them at once. Castle comes in to fire off the suplexes and it's a triple slam to Malachite. There's the Mega Powers Elbow to give Castle the pin at 3:14.

Rating: C. Cool now the Outrunners and Castle, who have been winning six man matches for months on end, get their title match right? I mean of course they probably won't because that's not how Ring Of Honor works, but it's certainly the logical way to go. Otherwise, it's just the same win that they get ever time, albeit against an opponent named Baby Keef this time.

Athena is ready to win but Billie Starkz comes in to ask what that was about. Athena doesn't want to hear about this because she has kept Starkz around for three years now and it's time for everyone to acknowledge what she has done. Starkz is annoyed but thanks her, with Athena telling her to follow the plan tomorrow night.

Survival Of The Fittest Qualifying Match: Hyan vs. Zayda Steel

Maya World and Christopher Daniels are here too. They trade small packages to start and pop up for a standoff. Hyan nails a basement dropkick but gets sent face first into the buckle. Steel knocks her outside, where Hyan blocks a suicide dive and

hits a suplex on the floor. Back in and Steel pulls her into an STF so Hyan crawls to the rope, which she grabs with her teeth. That lets them trade rollups for some near falls until Hyan blocks an Unprettier attempt. Instead Steel grabs a swinging Unprettier for the pin at 5:04.

Rating: C+. This was a case where something had to be covered and they did it in a rather simple way. That's not a bad thing either, as Steel or Hyan going forward is fine. If nothing else, it was nice to have a match that felt like it had some stakes, as it's hard to imagine that Athena leaves with the title. Why not Steel? I mean other than she's still relatively new and feels like a longer term project, but at least she's in there.

Post match respect is shown.

TV Title: AR Fox vs. Nick Wayne

Fox is challenging and Wayne's associates are here with him. They start fast with an exchange of rollups for two each until Fox slingshots in for an anarchist suplex. Wayne bails to the floor where he catches Fox with a shot to the ribs. That just earns him a step up moonsault from the middle rope, allowing Fox to clothesline away back inside. Kip Sabian crotches Fox on top though and Sliced Bread off the steps drops Fox on the floor. Mother Wayne adds some choking and Nick's legdrop gets two.

The seated abdominal stretch keeps Fox in trouble but he's right back up with a running hanging DDT. Fox pulls him into a cutter and hits a package powerbomb for two more. Nick is right back with a standing Sliced Bread for two of his own and a shot to the back keeps Fox in trouble. Code Red gives Nick two more but Fox seems to get ticked off. Fox knocks him outside for the big running flip dive but the Swanton hits raised knees back inside. Back up and Fox grabs a small package out of nowhere for the pin and the title at 12:58.

Rating: B. Cool. I was wrong about Ring Of Honor never doing anything with Fox and it's nice to see him get some gold. That's a nice surprise and rather long overdue, but it also gives you a reason to believe that someone could get a title win out of nowhere. It's not like Nick was doing anything with the title so this is a nice change of pace.

Post match Lio Rush (he's crazy again) pops up issue the challenge for the title for Supercard and the match is immediately made. Please don't put it on Rush. Please?

Premiere Athletes vs. Ernest R. Alexander/Jacey Love/Ricky Martinez

Because this show can't just end already. Nese backs Alexander into the corner to start and gets in some quick jumping jacks. Alexander tries to do the same and gets clotheslined down, allowing Daivari to come in to hammer away. Denali drops Love onto the turnbuckle but Love gets over to Martinez. That earns him a beatdown of his own and Denali chokeslams Love for the pin at 3:29.

Rating: C-. The Athletes are the perfect example of "they're just kind of here" in Ring Of Honor. They don't have feuds and they don't have anything to go after at the moment, but they're around almost every week. I have no idea why anyone would want to see them that often, but that has been the case since Ring Of Honor came back.

Bandido vs. Action Andretti

Non-title Proving Ground match and this is Bandido's first singles match in Ring Of Honor since September. Bandido flips around to start but Andretti sticks the landing on a hurricanrana attempt. Back up and Bandido sends him into the corner, earning a handshake from Bandido. Andretti sends him into the corner and does a quick dance before knocking Bandido outside.

That means the big flip dive can connect and Andretti grabs a belly to back suplex for two. Bandido muscles him up and over with a suplex though and adds a corkscrew high crossbody. The frog splash misses for Bandido so Andretti gives him a hurricanrana for two more. Back up and Bandido grabs the one armed gorilla press for two and Andretti flips into the X Knee for the pin at 7:45.

Rating: B-. Oh yeah Bandido works here. Given that he hadn't wrestled in Ring Of Honor for nearly four months, it was kind of hard to remember. The match was fast paced enough, but dang it's hard to get interested in this after two hours tonight alone. Bandido vs. Christian doesn't feel important, but at least Bandido was here to promote the match.

Post match Blake Christian comes out to throw Bandido the mask, because he only cares about the title.

Overall Rating: C. This was a Ring Of Honor show and while it felt important for the sake of the big push towards Supercard, this and Tuesday's show combined for about three hours. That doesn't make me want to watch the pay per view, but rather take a break from Ring Of Honor. It was like they had to cram the build for Supercard into the last two shows and that doesn't make for a fun way to go. This show felt WAY more important than usual, but trim off a good forty five minutes (it wouldn't be hard) and maybe do some of this stuff over the last two weeks instead of two days. You know, what Ring Of Honor won't do.

Results

Marina Shafir/Athena/Billie Starkz b. Maya World/Lacey Lane/Yuka Sakazaki – Swanton to Lane

Death Riders b. Tommy Billington/Adam Priest – Running knee/STO combination to Priest

Satnam Singh b. CD Bennett/James Tapia – Double chokeslam

Josh Woods b. Angelico – Rolling Chaos Theory

Shane Taylor Promotions b. Mance Warner/Ortiz/Eddie Kingston –

Belly to back suplex neckbreaker combination to Warner
Blake Christian b. Evil Uno – Vanilla Choke Zero
Deonna Purrazzo b. Kaci Lennox – Fujiwara armbar
Outrunners/Dalton Castle b. Baby Keef/Charlie Malachite/Xander
Maddox – Mega Powers Elbow to Malachite
Zayda Steel b. Hyan – Swinging Unprettier
AR Fox b. Nick Wayne – Small package
Premiere Athletes b. Ernest R. Alexander/Jacey Love/Ricky
Martinez – Chokeslam to Love
Bandido b. Action Andretti – X Knee

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