

NXT – May 19, 2026: This Show Has No Title

NXT

Date: May 19, 2026

Location: Capitol Wrestling Center, Orlando, Florida

Commentators: Vic Joseph, Booker T.

Things have been going into a slightly new direction around here, mainly because there are all kinds of fresh names around here. Several of the have hit the ground running and that is a good thing to see. If nothing else, it makes things look like the system is working and hopefully that continues this week. Let's get to it.

[Here are last week's results if you need a recap.](#)

Myles Borne/Tony D'Angelo vs. Kam Hendrix/Mason Rook

Hendrix powers Borne down to start but Borne is back up with a dropkick. A powerslam plants Hendrix and it's off to D'Angelo, who gets to face Rook. Some running splashes in the corner crush D'Angelo, who tries a fisherman's suplex for some reason. When that doesn't work in the slightest, Borne comes in for a double suplex to Borne and Hendrix is sent outside as we take a break.

We come back with Hendrix chop blocking Borne and Rook hitting a splash. Rook's Blue Thunder Bomb gets two but Borne fights out of trouble and brings in D'Angelo. House is cleaned and D'Angelo Cactus Clotheslines Rook out to the floor. Cue Tavion Heights to jump Hendrix, who is knocked into Borne. That allows Rook to Death Valley Driver Borne into the corner. Rook Big Bang Catastrophes Borne and Hendrix gets the pin at 12:06.

Rating: B-. This was a fine enough opener, with Hendrix

getting to set himself up as the next challenger for Borne's title. Well in theory at least, as it could be Rook or Heights, or some combination for the three. As for Rook...I'm not sure yet. He looks like King Kong Bundy with hair, which isn't a terrible thing, but we'll have to see what he does with some more time.

Darkstate are ready to get the Tag Team Titles back. Dion Lennox and Saquon Shuggars are still having issues though.

Here is Kelani Jordan, who talks about how much success she has had around here. Now though, she can't even get a title shot, despite making the champion tap out. This brings out Izzi Dame, who says she should get the next title shot, which brings out Lola Vice, who says Jordan talks a lot and Dame dared to hit her in the back of the head. Next week, it's Vice vs. Dame, which doesn't work for Dame, or the interrupting Kendal Grey. Jordan complains about Grey and is promptly hit in the back with a crutch by Wren Sinclair. Dame and Jordan are quickly cleared out so the other three stand tall.

Dorian Van Dux and Sean Legacy are ready to get back on track, but Legacy reveals that they're facing each other in the Speed tournament next week.

Noam Dar gives Romeo Moreno a pep talk. Moreno wants Dar at ringside tonight and Dar is in.

A bunch of women are watching Natalya on a podcast. Jaida Parker comes in and says she isn't happy. Layla Diggs isn't impressed with Parker and the match seems likely.

Romeo Moreno vs. Tristan Angels

Noam Dar is here with Moreno, who gets taken down with a spinning wristlock. Back up and Moreno hits him in the face but gets tied up in the corner. A double stomp and suplex give Angels two and a backbreaker has Moreno in more trouble. Cue Shiloh Hill (with a very tall hat) to distract Angels though

and Moreno sends Angels outside for a big dive.

We take a break and come back with Moreno getting two off a missile dropkick. Angels catches him on top though and a Backstabber gets two. That earns Angels another dropkick to the floor, where he pulls Moreno onto the apron. Back in and a driving knee (basically a Stomp but with a knee) finishes Moreno at 8:59.

Rating: C+. The action was fine though I'm not exactly getting Moreno's appeal. He's fine, but there's nothing about him that has made him stand out thus far. At the same time, Angels is a perfectly acceptable snooty heel. It's a character that has been done forever in wrestling and it should work well for him if he is adequate or better.

Post match Angels says Hill belongs with these horrible fans but Hill thinks he should be named Mr. NXT. Hill puts up a photo of Angels looking rather dressed up, complete with a top hat. Angels is livid and says this won't ruin his debut, even as Hill laughs a lot.

Lola Vice, Tatum Paxley, Myles Borne and Tony D'Angelo talk about how tough it is to keep their titles. Paxley is off for a title defense, leaving D'Angelo alone. Naraku comes in to say evil can show up at any time.

The Culling studies OTM before their match next week but Izzi Dame interrupts. The rest of the team didn't see what happened to Dame but Shawn Spears calms things down. Well mostly as Dame doesn't seem thrilled.

Women's North American Title: Lizzy Rain vs. Tatum Paxley

Paxley is defending and, after the Big Match Intros, grabs an armdrag to start. A headlock doesn't get Paxley very far as Rain is up with an armbar. That's broken up as well and Paxley dropkicks her to the floor, only for Rain to come back in for

a dropkick through the ropes. We take a break and come back with the two of them hitting crossbodies for a double down.

They forearm it out and then trade kicks with Rain getting the better of things. Rain's chops in the corner have Paxley in more trouble but she comes back with a kick to the face. Back in and Paxley bounces out of a German suplex but a rolling kick to the head is blocked. They fight over a backslide, with Paxley swinging it into the Cemetery Drive to retain at 11:40.

Rating: B. They got going near the end and that switch into the Cemetery Drive was great. Paxley is starting to feel it and that's great to see as she's gone from just kind of there to a featured attraction. At the same time, Rain had her best match to date thus far and that is a good sign for her future.

Post match Zaria runs in and lays them both out with F5's.

Kendal Grey and Wren Sinclair are in the back and Grey insists that Sinclair isn't a liability. Robert Stone comes in to say this can't keep happening but Sinclair says she'll be cleared next week. Shouldn't Stone know that already?

Keanu Carver vs. Tate Wilder

Wilder gets sent to the apron and tries a sunset flip, which doesn't work so well. Carver gives him a backdrop and grabs a sleeper, with Wilder managing to send him outside. A big running flip dive connects to put Carver down again and there's the moonsault to do it again. Carver is right back up to send him into the post and a toss suplex sends Wilder flying again.

Wilder's eye is busted open as Carver hammers away but Wilder tells him to bring it. A missile dropkick and Sling Blade put Carver down and Wilder sends him into the post. Wilder's top rope splash gets two but Carver breaks up the Wilde Ride. A spinebuster finishes for Carver at 5:40.

Rating: B-. Much like the previous match, this got going near the end with Wilder trying to get the momentum going against the monster. That only worked for so long though as Carver eventually caught him. I still like Wilder a good deal and he could go somewhere with a lot more time, but Carver is a monster right now and that could take him somewhere.

Jackson Drake gives the nervous Vanity Project a pep talk but Myka Lockwood comes in to say she has the rest of Darkstate covered. The guys don't get it but they'll take it.

Shiloh Hill gets OTM to sign his petition to be Mr. NXT. Birthright on the other hand isn't so interested. This gets Hill a match with Charlie Dempsey next week.

Kam Hendrix is in the ring for a chat and is rather pleased with beating two champions in his first match. He wants the NXT Title but here is Mason Rook to interrupt. Rook wants credit for the win but Hendrix passes, earning himself a beating. I do like them putting this in the ring for a change, as this would usually be a backstage segment.

We look at some recent NXT Live shows. These people getting house show experience is a good idea.

Tag Team Titles: Darkstate vs. Vanity Project

The Project is defending and get jumped before the start. Lennox hammers on Balor to start but Smokes comes in for the cheap shot. Back up and Lennox hits a clothesline but Shuggars hits a dropkick, even as Lennox was thinking double clothesline. A shot to the throat cuts Shuggars off and it's back to Baylor, who gets monkey flipped. Smokes gets double teamed down and Darkstate clears the ring as we take a break.

We come back with Shuggars fighting out of trouble and avoiding a charge into the barricade. Shuggars realizes that no one is covering Lennox and the diving tag is on. House is quickly cleaned but Shuggars tags himself back in for a

rollup. Everything breaks down and Lennox gives Baylor a slingshot sitout powerbomb for two.

Lennox's double clothesline puts the champs down and here is the rest of Darkstate, with Myra Lockwood getting in their way. A spinebuster looks to give Lennox two but Shuggars tagged himself in. The top rope elbow gives Shuggars two and Darkstate gets to argue. That's enough for Smokes to get a small package to retain at 11:33.

Rating: C+. This was an interesting way to go as the Project continues to back their way into wins, which works rather well for them. That's a good way to go for a basically pretty boy team and it's going to be fun when someone catches them. Then you have Darkstate and...yeah I'm not sure they're going to be a thing that much longer. At least not in this form.

Post match all of Darkstate gets in the ring...and beat down Shuggars, apparently siding with Lennox. Shuggars slaps Lennox and is put through the announcers' table as a result. Well that was one of the ways to go.

Overall Rating: B. This was a better than usual show as they moved a good number of things forward. That's a good thing to see as it is the kind of show that should get us closer to some big showdowns. I'm still not sold on Rook but the fans certainly seem to like him to start so maybe there's something to him. Other than that, both Women's Title pictures are looking interesting and I want to see where those things are going. Nice job here as the new stars are starting to feel like regulars in a hurry.

Results

Kam Hendrix/Mason Rook b. Myles Borne/Tony D'Angelo – Big Bang Catastrophe to Borne

Tristan Angels b. Romeo Moreno – Driving knee

Tatum Paxley b. Lizzy Rain – Cemetery Drive

Keanu Carver b. Tate Wilder – Spinebuster

Vanity Project b. Darkstate – Small package to Shuggars

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