

AEW Dynamite – June 24, 2026: The Really Big Warmup

Dynamite

Date: June 24, 2026

Location: Rio Rancho Events Center, Rio Rancho, New Mexico

Commentators: Tony Schiavone, Excalibur, Taz

It's the last Dynamite before Forbidden Door and the finals are officially set for the Owen Hart Cups. That means we need to have the big hype segments for Sunday's final showdowns. As for tonight, Zack Sabre Jr. is here again to face Jack Perry in his Forbidden Door warmup match. Let's get to it.

[Here is Collision if you need a recap.](#)

Jon Moxley gives the Death Riders a pep talk. Will Ospreay gets in their bouncing circle and falls down. Well of course he did.

Death Riders vs. Brodido/Mistico

Yuta grabs Bandido's arm to start and they trade takedowns. Back up and Bandido snaps off a running headscissors before headlocking Moxley. That earns Bandido a trip into the corner, meaning Castagnoli can stomp him down. Bandido shrugs that off and brings Mistico in to get a rather spinning headscissors to take Castagnoli down.

It's off to King for the big man slugout and of course King can run the ropes to springboard into a double wristdrag to Castagnoli and Moxley. The Riders are sent outside for a triple dive and we take an early break. We come back with Bandido still in trouble and Moxley getting two off a suplex.

Bandido gets in a running kick to the chest and Mistico gets the much needed tag. That means house can quickly be cleaned, including a quick sunset flip for two on Castagnoli. Bandido

muscles Castagnoli over for a suplex but Marina Shafir offers a distraction. That's enough for Moxley to get in a belt shot and roll King up for the pin at 12:19.

Rating: B. This was a good, hard hitting opening match with King getting to showcase his impressive athleticism. At the same time, this doesn't make Bandido look strong going into his title shot and Mistico has his upcoming tag match and this...really had nothing to do with that either. It's a weird way to go, though Bandido getting a pin here would have made a bit more sense.

Post match Bandido has a quick staredown with the Riders.

The Conglomeration is ready to fight in the cage at Forbidden Door. Darby Allin is ready to fight and the team promises to load up their backpacks. The rest of the team leaves and Orange Cassidy looks a bit annoyed but insists he's fine. Renee Paquette doesn't seem convinced.

Survival Of The Fittest Qualifying Match: Marina Shafir vs. Harley Cameron

Cameron is in Supergirl inspired gear and gets kicked in the ribs to start fast. Shafir mounts her but Cameron is right out into a half crab. That's broken up as well and Cameron knocks her outside for a crossbody off the steps. Back in and Shafir gives her an AA and we take an early break. We come back with Shafir snapping off some judo throws but Cameron manages a belly to back suplex. Cameron hammers away in the corner until Shafir knees her right back. The half crab is broken up again so Shafir flips her into a choke, only to have Cameron backflip into a cradle for the pin at 7:52.

Rating: C+. This was a nice surprise victory for Cameron but what matters the most here is that Cameron is going to be in next week's match. I'm not sure if she's going to win the title and she probably won't, but at least she's going to bring her rather amazing charisma to the whole thing. She's a

good bonus to the match and could even win the whole thing, which is kind of stunning considering where she was when she first came to AEW.

Video on Maya World vs. Mercedes Mone in the Women's Owen Hart Cup finals.

Will Ospreay vs. ELP

ELP (El Phantasma) works on the arm to start and runs Ospreay over with a shoulder, earning him a nip up. Ospreay sends him outside without much trouble and hits a slingshot dive but ELP is back up with a quick drop onto the apron. One heck of a moonsault takes Ospreay down again and we take an early break.

We come back with Ospreay hitting an enziguri, only for ELP to grab a tornado DDT. Ospreay's forearms make ELP laugh and they trade kicks to the head until Ospreay grabs a standing Spanish Fly. ELP gets in a superkick for two of his own but Ospreay flips over into a Styles Clash. The Hidden Blade pins ELP at 10:42.

Rating: B-. It was another entertaining match with Ospreay getting to do all of his stuff, though again I'm not sure how well this did to make Ospreay look great. It did a good job of building up ELP, who hung with Ospreay for a good while before getting taken out. That's something that happens quite a bit during this season and it's kind of annoying as Ospreay is in the likely main event of Forbidden Door and ELP isn't likely going to be here beyond tonight.

Post match Swerve Strickland and Prince Nana come out for a staredown, with Ospreay leaving through the crowd.

Swerve Strickland vs. Daniel Garcia

Garcia walks in from outside and...how long has he been waiting out there? Strickland runs him over to start so Garcia pops up to get in Strickland's face. That's not a good idea as Strickland shoves him down and stomps away, setting up a

running boot to the floor. This time Garcia pulls Strickland down for a hammering but takes too long yelling at a fan. Strickland kicks him in the face again and we take a break.

We come back with Strickland missing a Swerve Stomp to the apron and getting his leg dragon screw whipped. Strickland's leg is fine enough to roll over and drop Garcia with a suplex. Garcia's clothesline is shrugged off so he kicks out the leg instead. The ankle lock has Strickland in more trouble but he backbreakers his way out. A powerbomb is spun into a powerslam (cool) to plant Garcia, who pops up with a Styles Clash for two of his own. Strickland House Calls him for two, followed by a Hidden Blade to finish Garcia at 12:25.

Rating: B. Much like the previous match, this was a good way to build up someone who has nothing going on while the person set for a big match on Sunday is going 50/50 with Garcia. If protecting Garcia is that important (and I'm sure it is for whatever reason), don't put him in the match. Strickland and Ospreay should have looked like killers in their matches and instead they're just out there taking 10+ minutes to beat stars beneath them.

Post match Strickland goes after Garcia's arm so Ospreay runs back in for the brawl. Nana offers a distraction though and Strickland gives Ospreay the House Call. A Vertebreaker drops Garcia and Ospreay chases Strickland off with a chair.

Video on Team Ospreay vs. Team MJF.

Don Callis and his Family are ready to win but MJF cuts them off to rant about Mark Briscoe. The reality is that Briscoe has never beaten MJF and that isn't going to change. MJF thinks the two sides haven't been on the same page but Callis whips out a shirt for TEAM DCMJF and yes the image is of them muscular and in limited clothing. MJF and Callis love it but the Family is less than impressed.

Jack Perry vs. Zack Sabre Jr.

Sabre takes him down with a cravate and shrugs off Sabre's attempt to go after the leg. They fight over a double arm crank until Perry rolls him up for some near falls. A very near fall sends Sabre outside but he's fine enough to start in on the arm, including snapping it over the top rope.

We take a break and come back with Perry hitting a Sliced Bread but getting sent outside. Sabre grabs a cross armbreaker on the floor but has to let it go, allowing Perry to hit another Sliced Bread on the apron. A moonsault to the floor takes Sabre out again, only for him to grab a triangle choke back inside. Perry reverses into a sitout powerbomb for two and the Snare Trap has Sabre in trouble for a change. Sabre twists the arm around to escape so Perry grabs a package powerbomb for two more. That earns him a double arm crank, with Sabre using his leg to pull Perry's arm down for the submission at 13:12.

Rating: B-. This was a good example of Sabre getting to take Perry apart, which boosts him up on the way to facing Kenny Omega on Sunday. Granted we saw Sabre do something similar in his most recent match around here so it was only so necessary. It's certainly fitting the theme for the night though and we'll get the big match with Omega soon enough.

Young Bucks vs. TMDK

Tito jumps Matt from behind to start fast but the Bucks are right back with their stereo running bulldogs. A double clothesline puts TMDK on the floor for the stereo dives, followed by some back elbows to the face back inside. Matt gets crotched on top though and Nick gets pulled out of the air, with a spinebuster getting two on Matt in a big crash. Matt flips away from both of them though and grabs a DDT, allowing the tag off to Nick. House is cleaned and the Superkick Party is on, setting up the Meltzer Driver to pin Nicholls at 4:20.

Rating: C+. It was fun while it lasted and I'll take this over the rest of the matches, as the Bucks get a pretty nice win over a team who doesn't have anything going on. That's a good way to go here as there was no reason to have the Bucks in any serious trouble. Nice enough job here and I'll take that just about all the time.

Post match TMDK jumps the Bucks and Kenny Omega makes the save. Forearms are exchanged with Sabre and TMDK bails. Omega says may the best man win on Sunday and he certainly will.

We look at Thekla invading a Stardom show and attacking the owner.

Survivor Of The Fittest Qualifying Match: Red Velvet vs. Queen Aminata

Velvet's ROH Women's TV Title isn't on the line. Velvet rolls over her into a sunset flip for an early two and then wristdrags her down again. Aminata is right back with a snap suplex for one but the big headbutt misses. Aminata's right hands in the corner are countered into a powerbomb and we take a break.

We come back with Velvet grabbing a sitout bulldog for two but Aminata gives her a slingshot reverse suplex to leave them both down. The running boot in the corner sets up a middle rope double stomp for two on Velvet. Back up and Velvet flips her off the top, setting up a frog splash to the back for two. Velvet kicks away and, after an apology, misses the big kick to the head. Aminata knocks her into the ropes and hits a PK for the pin at 10:17.

Rating: C+. And of course a reigning champion loses clean in a qualifying match. I'm sure there was absolutely no one else available to take this loss, but it's just Ring Of Honor anyway, which has been treated like nothing since it was brought back from the dead to create a promotion of cannon fodder. This is the kind of stupid stuff that drives me crazy

in wrestling and it doesn't need to happen but here we are anyway.

The Young Bucks are ready to superkick their opponents at Forbidden Door but Adam Copeland and Christian Cage brawl through with the Dogs. They brawl into the makeup area and Connors blinds Copeland with some hairspray to take over. The Dogs choke them both out. And we get a five second pose, complete with Cage's old over the top sunglasses.

International Title: Konosuke Takeshita vs. Ricochet

Takeshita is defending and the Gates Of Agony are here with Ricochet. An early cheap shot knocks Takeshita outside and the big flip dive hits him as well. Back in and a springboard 450 gives Ricochet two as he's certainly starting fast. Takeshita is back up but misses a charge in the corner, allowing Ricochet to hit a 619. The springboard clothesline and a running shooting star press give Ricochet two and we take a break.

We come back with Ricochet striking away in the corner and knocking him out to the floor. The shooting star off the apron is countered into a suplex though and they're both down. Back in and a Blue Thunder Bomb gives Takeshita two before they trade kicks to the head. The wheelbarrow suplex drops Ricochet, who is right back up with Vertigo for two.

A shooting star press gives Ricochet two but he flips out of a German superplex. Takeshita's Last Ride gets two but Ricochet uses the referee to cut off the running knee. A kick to the head sets up a Ricosault for two and Ricochet is stunned on the kickout. Takeshita drops him with a clothesline though and it's the running knee and Raging Fire to retain at 13:48.

Rating: B. I don't think anyone is going to be surprised that these two had a fast paced match together and they made it work here. Ricochet getting a somewhat random title match is

hardly a stretch and it's fine as a main event for a bit of an odd show. Takeshita gets a nice title defense as well and that's a good thing as he looks for his next big challenger.

Here is Mark Briscoe with something to say about MJF. He and his friends are ready to fight in the cage on Sunday and he brings up their history in Blood & Guts. That was all about the thrill of the fight but this has some more consequential implications. Briscoe agrees that he and MJF are nothing alike (and he thanks God for that) but he knows he can beat MJF if they get a chance. On Sunday, he'll be fighting with his friends while MJF has some hired stars who don't care about him.

Cue Don Callis for a distraction so MJF can jump Briscoe from behind. Briscoe fights back and we get the parade of people running in one at a time to hit a single big move. Andrade has to save MJF from the Jay Driller but they go face to face. Callis cuts that off and MJF loads up the ring, only to accidentally hit Andrade. The Jay Driller lays MJF out to end the show. This was pretty much what you would have expected, though they do have some stories in the big cage match, which does help things.

Overall Rating: B-. This is a good example of a show where it's perfectly fine from a quality standpoint, but it's not something that interests me. A good chunk of this show was built around setting up Forbidden Door matches for wrestlers who aren't likely to be regulars around here in a few days.

They aren't regulars coming into this show either and it made for a less than thrilling show. Forbidden Door isn't doing much to get my attention this year, though they've done an effective enough job with what they had. Not a bad show at all here (though another champion losing in a qualifying match makes my head hurt), but not my taste for the most part.

Results

Death Riders b. Brodido/Mistico – Rollup to King
Harley Cameron b. Marina Shafir – Cradle
Will Ospreay b. ELP – Hidden Blade
Swerve Strickland b. Daniel Garcia – Hidden Blade
Zack Sabre Jr. b. Jack Perry – Double arm crank
Young Bucks b. TMDK – Meltzer Driver to Nicholls
Queen Aminata b. Red Velvet – PK in the ropes
Konosuke Takeshita b. Ricochet – Raging Fire

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