

Evolve – January 21, 2026: Featuring The New Star

Evolve

Date: January 21, 2026

Location: WWE Performance Center, Winter Park, Florida

Commentators: Peter Rosenberg, Robert Stone

We're coming up on a big show as Team PC is getting to run the show, with Kam Hendrix challenging for the Evolve Title. Before we get there though, Jackson Drake has to run a heck of a gauntlet match. That's going to have Drake more than a big scared and he has some reacting to do. Let's get to it.

[Here are last week's results if you need a recap.](#)

Karmen Petrovic wants to start the new year by coming after the Women's Title. She'll start tonight by beating Kali Armstrong.

Opening sequence.

Here is Wendy Choo for a chat. She says it's a new year and a new her, so she wants to be unbothered, unfiltered and unapologetic. The thing is it's been almost a year since she didn't win the Women's Title and she never got a rematch. Therefore, she calls out Kendal Grey, who is willing to defend the title right now. And it's on.

Women's Title: Kendal Grey vs. Wendy Choo

Grey is defending and wrestles her to the mat to start. The cross armbreaker is blocked but Grey stacks her up to escape the Dirt Nap. Choo hits some running shots in the corner but Grey is right back with a dropkick to the floor. That doesn't go so well for Grey as Choo knocks her right back down and we take a break. We come back with Grey in the Tree Of Woe for a running dropkick and a near fall. They trade rollups for two

each before an exchange of kicks leaves both of them down.

Grey is up to take the straps down but Choo kicks her in the head, followed by a swinging neckbreaker for two. The Dirt Nap is broken up again and Grey goes for the cross armbreaker, which is stacked up for two more. Back up and Grey's superkick lets her go up top. Choo catches her with a superplex and rolls through with a brainbuster for a rather near fall. Another neckbreaker is loaded up but Grey reverses into Shades Of Grey to retain at 7:37.

Rating: B-. Nice match here as Grey gets to stack up another win, though I'm not sure why you would have the new version of Choo lose so soon. After getting rid of the silence stuff, her biggest negative is gone and now she's just losing in an impromptu match. It's hardly some devastating loss, but I'm not sure it needed to happen here.

Kali Armstrong wants Grey to keep the title so their paths will cross again. Tonight she has Karmen Petrovic, who keeps complaining about Armstrong getting shots. Well what has Petrovic done? Violence is suggested.

Lola Vice and Arianna Grace go to a psychic, who reads their palms and sees darkness in their life lines. They go to the tarot cards, which promise darkness, suffering and destruction. They scream a lot and promise to change their ways. This was like one of the skits between cartoons on Hulk Hogan's Rock N Wrestling but without any of the positives.

We congratulate Eli Knight, Keanu Carver, Sean Legacy and the Vanity Project for being signed to NXT.

Marcus Mathers vs. Braxton Cole

Mathers fires off some dropkicks to start but a springboard is broken up. Cole neckbreakers him down and elbows away, followed by a clothesline for two. Mathers' arm is snapped over the top and another neckbreaker gets two more. The neck

crank goes on to keep Mathers in trouble but he blocks another neckbreaker.

Back up and Mathers hits a spinning high crossbody, followed by a middle rope Stunner. The German suplex gives Mathers two but Cole is back with a Crash Landing for the same. An enziguri and superkick drop Cole but cue Kam Hendrix, meaning the top rope double stomp misses. Cole grabs a rollup for the pin at 6:27.

Rating: C+. Gah I like Mathers and it's frustrating to see him lose all the time. That being said, at least he had some kind of an out here, even if it's on another loss. Cole doesn't really stand out very well, though tying him together with the #1 contender isn't a bad idea whatsoever. Just do something else with it, along with something for Mathers.

Post match Hendrix chop blocks Mathers and Cole hits a fireman's carry slam. Team ID is locked in their dressing room and Mathers' ankle is Pillmanized.

Team PC seems to be afraid of Keanu Carver but they agree that they're in charge next week. Brooks Jensen is willing to hurt Cappuccino Jones and knock his head off. They seem in.

Harlem Lewis doesn't care that Team PC is in charge next week because he's the next Evolve Champion.

Kali Armstrong vs. Karmen Petrovic

Armstrong throws her down to start but Petrovic is back with a bodyscissors. A full nelson with the legs has Armstrong in trouble as Tyra Mae Steele is in the VIP section. Petrovic switches to an armbar, which is broken up with raw power. Armstrong misses a charge though and gets taken out with a suicide dive as we take a break. We come back with Armstrong hitting a running shoulder in the corner but Petrovic hits eat defeat. The slam puts Petrovic down but she avoids the Kali Connection. A pair of Petrifiers finishes Armstrong at 6:36.

Rating: C+. Well that was a surprising result as Armstrong was so dominant for such a long time and Petrovic was pretty much nothing for such a long time. I can go for having Petrovic move up the ladder a bit as she doesn't have much further to fall. This very well may be her last chance though, as she's been around for a long time now without getting very far.

Post match Petrovic says she wants the Women's Title so here is Kendal Grey to accept the challenge.

Team PC is ready for next week, and the week after.

Overall Rating: C+. This was a show that was mainly about setting things up for later, which is the kind of week that you have to have every so often. It should be interesting to see where things go, as those titles have to change hands sooner or later, which might be the case within the next few weeks. Other than that, Grey continues to look like a major star and it's easy to see why she is getting this kind of a push. Good enough show here, with the bigger stuff on the way.

Results

Kendal Grey b. Wendy Choo – Shades Of Grey

Braxton Cole b. Marcus Mathers – Rollup

Karmen Petrovic b. Kali Armstrong – Petrifier

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<http://www.amazon.com/Thomas-Hall/e/B00E6282W6>

Evolve – December 3, 2025: What A Mysterious Hand

Evolve

Date: December 3, 2025

Location: WWE Performance Center, Orlando, Florida

Commentators: Peter Rosenberg, Robert Stone

It's the holiday season for the first time ever around here as we're back after a week off for the day before Thanksgiving. This week features a title match as Kendal Grey is defending against Chantel Monroe in a match that has been built up for a few weeks now. Hopefully Grey can live up to her incredible hype so let's get to it.

[Here are last time's results if you need a recap.](#)

As she arrived to the arena earlier today, Grey said she can focus on Chantel Monroe, who is talented but full of excuses.

Opening sequence.

Carlee Bright vs. Arianna Grace

Bright slaps her in the face to start and hits a dropkick, only to miss a second attempt. They head outside with Bright being sent into the apron, allowing Grace to offer fans some photos. Back in and Grace knees her in the ribs, followed by an Arn Anderson eye rake across the top rope. Bright tries to elbow away but gets forearmed in the face. A Wasteland (Graceland) finishes for Grace at 4:28.

Rating: C. This was basically a squash as Grace continues to do a variety of things. She's one of the bigger names involved in the NXT vs. TNA feud, plus making occasional appearances in NXT. I'm not a bit surprised that she's getting this kind of a chance given her father, but I'm not sure how far she's going

to go. As for Bright...dang it's not the brightest future and this was not a good sign for her.

Video on Yayne Harrison, who has been signed to an ID contract.

Video on the ID Program.

We look at Evolve wrestlers being in action at NXT Gold Rush.

We look at Kendal Grey being added to the NXT Women's Iron Survivor Challenge. This is feeling rather fillerish.

Layla Diggs and Masyn Holiday come up to Nikkita Lyons, who doesn't like their negative vibes. Lyons mocks them for her recent victory over Holiday but Diggs wants to face her next. That's fine with Lyons, who loves charity work.

Marcus Mathers/Aaron Rourke vs. Cappuccino Jones/Mike Cunningham

Mathers goes after Jones' leg to start but gets taken down for some grappling on the mat. Jones' crucifix gets two and a flying headscissors takes Mathers down again. Cunningham comes in to stay on the arm before it's quickly off to Rourke. Another dropkick puts Rourke down and Cunningham throws some lefts to keep him in trouble. It's back to Mathers for a Backstabber, with Rourke adding a top rope backsplash as we take a break.

We come back with Rourke dropping Mathers onto Cunningham's raised knees. A basement superkick brings Cunningham right back down but he dropkicks Mathers off the top. Rourke is back in with a Prism Trap (Stone: "That's a unique hold." No, it isn't.), which is broken up as well and it's Jones coming back in to clean house. A big right hand sends Mathers into the corner for a running clothesline.

Mathers knocks him back down though and Jones gets dragged into the corner. That's broken up rather quickly with some

shots to the face, allowing Mathers to come in with a double missile dropkick. Rourke headbutts Cunningham and Mathers hits a middle rope Stunner. A Molly Go Round gives Rourke two and Jones comes back in with the Decaffinator, with Mathers making a save of his own.

Jones dives onto Rourke, leaving the other two to trade rollups. Mathers knocks him into the corner but Cunningham is back with a jumping elbow to the face. Cunningham gets a heck of a running start and is blasted with a clothesline for his efforts. And then Jax Presley and Harley Riggins run in to jump them both for the no contest at 13:20.

Rating: B-. I did like the action, but having such a long match for the sake of showcasing people and then the monsters running in for the no contest didn't help. Cunningham did feel like he belonged on such a level, though the ID Program still feels like something being wedged into this. I'm not sure how much fans are going to care about which wrestlers have a glorified check mark next to their names compared to the regular ones, but it seems to be a big deal.

Post match the beatdown is on and Keanu Carver comes out to join in (with commentary wisely pointing out that Carver was who Riggins and Presley called a few weeks ago). It's Gal, in the VIP section, applauds.

Women's Title: Chantel Monroe vs. Kendal Grey

Grey is defending and Karmen Petrovic is in the VIP area. They fight over a lockup to start and go into some corners without much of an advantage being gained. Grey wrestles her to the mat a few times and it's already time for Monroe to get a breather on the floor. Monroe gets back in to take over and grab a Hennig necksnap.

Back up and tries some more grappling but gets forearmed in the face to cut that off. Grey slides between the legs in the corner and a basement dropkick knocks Monroe down. Monroe is

able to send her outside for a crossbody off the apron but Grey kicks the leg out. They trade chops on the floor and we take a break. We come back with Grey backsliding her for two but walking into something like a TKO for the same.

Monroe takes forever to go up (commentary even gets on her for it), allowing Grey to belly to belly superplex her down. Grey hits some running elbows and counters a hurricanrana into a sitout powerbomb for two. Monroe's superkick seems to hit Grey in the throat and the Perfect Ending...sends Grey outside. Cue Wendy Choo to post Monroe but she blocks the cross armbreaker. A powerslam gives Grey two but Monroe knocks her off the top. The top rope Meteora gives Monroe two and frustration is setting in. Grey fights back though and knocks her down, drops the straps, and hits Shades Of Grey to retain at 12:14.

Rating: C+. It wasn't bad, but dang this felt long. It came off like a match that was designed to fill in time rather than two people fighting over a title. At the same time, it didn't help that Monroe didn't feel like she had a chance as Grey is the new star. Throw in a rather weird and unnecessary interference from Choo and it was kind of a weak match.

Tate Wilder and Sean Legacy want the Evolve Title match so they're set for a #1 contenders match next week. They're both ok with that, though Wilder points out that Legacy has lost lately. Wilder is new around here but he's getting some wins together. Legacy brings up that he had to talk Wilder out of quitting a few weeks ago. Wilder says he has grown so much since then and they get in an argument over the PC vs. the ID Program. Legacy leaves and someone puts a (rather large) hand on Wilder's shoulder to end the show.

Overall Rating: C. The wrestling was mostly fine and I liked the Carver deal, but it was a show that felt like they didn't have enough material for a full episode. There were some good enough moments, but it was one of the weaker shows they've had in a little while. The good thing is there are points that are

set up for the future and I'm curious to see what happens. Call it a weak show and hope that it's just a one off.

Results

Arianna Grace b. Carlee Bright – Graceland

Marcus Mathers/Aaron Rourke vs. Mike Cunningham/Cappuccino Jones went to a no contest when Harley Riggins and Jax Presley interfered

Kendal Grey b. Chantel Monroe – Shades Of Grey

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Evolve – November 5, 2025: Who Knew?

Evolve

Date: November 5, 2025

Location: WWE Performance Center, Orlando, Florida

Commentators: Peter Rosenberg, Robert Stone

We're back in the Performance Center and that hopefully means Evolve gets to continue its pretty entertaining run. Last week saw the debut of some ID Prospects, though Brooks Jensen was not pleased with their arrival. At the same time, Jackson Drake should be set to face Keanu carver for the Evolve Title sooner than later. Let's get to it.

[Here are last week's results if you need a recap.](#)

Opening sequence.

Harley Riggins/Jax Presley vs. Adrenaline Drip

It's the rubber match and Drip dives onto them before the bell. Jones' second dive is pulled out of the air so Cartwheel takes them all out with another flip dive of his own. We settle down to Jones trying to strike away at Riggins, with Presley coming in for a cheap shot to take over. A tilt-a-whirl powerslam gets two on Jones but a double springboard back elbow gets him out of trouble.

Cartwheel comes back in to pick up the pace with a bunch of slaps, setting up a springboard moonsault. A phoenix splash sets up Jones' froggy elbow for two on Presley with Riggins making the save. Jones gets powerbombed out of the corner and a double chokeslam gets two, leaving Cartwheel to...lose a shoe. Jones' dive takes Presley down and a dive connects, only for the Flip N Sip to be broken up. That means the toss spear can finish Cartwheel off at 5:40.

Rating: B-. I like Riggins and Presley more every time I see them. They're not a great team or complicated in any way, but they stand out rather well. At this point, we almost have to be getting Tag Team Titles sooner rather than later and that's a good idea at this point. Just don't go too crazy with the titles.

Post match Presley and Riggins lay them out again.

We look at Kendal Grey retaining the Women's Title over Lash Legend last week on NXT.

PJ Vasa vs. Haze Jameson

Jameson is here to bring the party to Evolve. I'm sure. Vasa powers her around to start and knocks Jameson into the corner. Jameson slips out and goes after the leg, which goes about as well as you would expect. The Issue (basically Keith Lee's Big

Bang Catastrophe) finishes for Vasa at 2:02.

Post match Vasa says she's coming for everyone around here.

Jackson Drake questions Stevie Turner's leadership but she knows that Drake sent the Vanity Project after Keanu Carver. The title match is still on for next week but Drake says he won't do it due to Carver hurting people. Cue Carver, who misses a big shot with the cast, which goes through a wall instead. Turner has to calm him down.

Mike Cunningham meets Sean Legacy, who gives him a warm welcome. Cunningham is off to deal with Brooks Jensen. Marcus Mathers is upset about losing last week's triple threat but Legacy gives him a pep talk. Apparently Legacy is facing Eli Knight next week.

Mike Cunningham vs. Brooks Jensen

Jensen easily takes him down to start and does some leapfrogs. A wristlock into an armbar has Cunningham down but he's right back up with an armdrag. Back up and Jensen tries to run the ropes, only to get dropkicked down. Another dropkick misses though and Jensen whips him hard into the corner.

The chinlock goes on to keep Cunningham in trouble until he manages to send Jensen into the corner. Some snap jabs put Jensen down and a nice flying clothesline does it again. Cunningham's missile dropkick gets two but Jensen kicks a springboard out of the air for the pin at 5:44.

Rating: C+. Given Cunningham's lack of experience, this was a perfectly nice debut. His offense looked good and his comeback was pretty good. He's a good example of someone who needs to be developed, which is why he's in a spot like this. Nice stuff here, though Jensen continues to not be so thrilling in the ring.

Aaron Rourke talks about everything he's gotten out of

wrestling and how he's been able to let things out that he's hidden for years. Don't let the face and makeup fool you because he can be aggressive and evil. These have been very nice surprises, as they've given me a reason to care about Rourke that wouldn't have been there otherwise.

Kali Armstrong is back next week.

Jackson Drake asks Stevie Turner how long Keanu Carver will be suspended over the attack earlier. Turner says there's no suspension, so defend against Carver or vacate the title. Drake walks away, with the title.

Chantel Monroe vs. Wendy Choo

Monroe poses on the buckle to start so Choo takes her down and they stare at each other a bit. The test of strength goes on until Monroe grabs a waistlock. That's switched into a headscissors, which is reversed into Choo grinding away on a headlock. Back up and Choo sends her into the corner, followed by a neck crank. That's broken up and Choo gets caught with a neckbreaker to put her down for a change as we take a break.

We come back with Monroe grabbing a figure four necklock, which is broken up for a double clothesline. Choo fights up for the clothesline comeback into a spinebuster for two. They trade rollups for two each until Choo gets two more off a brainbuster. Choo tries to take her to the corner but gets reversed into a spinning reverse DDT.

Monroe goes to the corner, only to get reversed into a the Dirt Nap. That's reversed as well so Monroe grabs a faceplant. The running shooting star press misses so the Dirt Nap goes on again. Monroe breaks out of that as well though and the Perfect Ending finishes Choo off at 10:35.

Rating: C+. Monroe has started to develop a bit and is actually doing something other than the same promo time after time. I'm not sure I can imagine her going very far on her

own, but she has indeed improved. On the other hand you have Choo, who has gone from one of the worst things in Evolve to someone perfectly fine. It's almost like getting rid of a terrible gimmick helped a lot. Who knew?

Post match Monroe yells at Choo, saying get the freak out of her ring.

Jackson Drake comes up to Stevie Turner again and says she's a terrible GENERAL MANAGER. Either way, he'll defend the title against Keanu Carver as scheduled next week. So the same thing as originally planned thirty minutes ago?

Overall Rating: B-. The thing that has me interested in Evolve is that they have a nice variety to their shows. That was the case again here, as they didn't do anything involving titles, but rather some personal issues that have been set up. That's a great way to keep the show fresh and it's been working in recent weeks. Evolve is a nice, easy, 50 or so minutes a week and I can go with that based on how long other shows are most of the time.

Results

Harley Riggins/Jax Presley b. Adrenaline Drip – Toss spear to Cartwheel

PJ Vasa b. Haze Jameson – The Issue

Brooks Jensen b. Mike Cunningham – Spinning kick to the back

Chantel Monroe b. Wendy Choo – Perfect Ending

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Evolve – October 29, 2025: Wheels Keep On Turning

Evolve

Date: October 29, 2025

Location: WWE Performance Center, Orlando, Florida

Commentators: Peter Rosenberg, Robert Stone

It's time for another week of Bigg Jahh being around because...well someone has to. The big story here is Kendal Grey getting to celebrate winning the Women's Title a few weeks back. That should be a nice way to set up her next challenger, which Jackson Drake is going to need as well. We also have some new ID Prospects this week so let's get to it.

[Here are last week's results if you need a recap.](#)

Masyn Holiday vs. Jin Tala

Tala kicks her hand away to start and then takes her down into a wristlock. That's escaped into a headlock, allowing Holiday to grind away on the mat. Holiday misses a dropkick though and Tala kicks her in the back of the head. The full nelson with legs has Holiday in more trouble until she powers out, only to get kicked down again. The chinlock goes on for a bit with Holiday fighting up and hitting a quick neckbreaker. Holiday Season (standing splash) finishes Tala at 4:13.

Rating: C. This was mainly Tala beating Holiday up and then getting caught with a quick loss in the end. I'm not sure how well that splash is going to work for Holiday as it doesn't exactly do much for her, but at least she won. There's something to Holiday and it's nice to see someone new getting a chance.

Post match Holiday dances and Bigg Jahh joins her.

Tate Wilder is happy with his win at Succession and now he's ready for a triple threat with a star from AAA, the Performance Center and the ID Program each.

Wendy Choo is in therapy (because of AJ Lee mentioning it on Raw) and says she is starting to feel like herself. She's feeling free and is connected to herself. Now it's time to take care of Chantel Monroe.

Chuey Martinez is in the ring with the new ID Prospects. First up is Mike Cunningham, who has a cowboy hat and was trained by Cody Rhodes. He's only had about fifty matches so this is a dream come true. Next is Jha'Quan McNair, who is from North Carolina and was trained by...Lodi. He's ready to prove himself around here.

Finally we have Eli Knight, who was trained by Booker T., who has made him ready for this opportunity. Cue Brooks Jensen, who accuses the prospects of trying to take his spot. He's heard things about Cunningham being the guy (Cunningham: "YOU BETTER BELIEVE IT!") and Cunningham is ready to go. Jensen leaves before getting physical.

Aaron Rourke talks about learning to love performing in middle school and he has turned that into a love of competition. He loves the pageantry of the whole thing and cites Trish Stratus and Lita as inspirations. Then he started changing his style and it looked like he had a place around here after all. These videos have been helping Rourke a good bit, just for the sake of letting us get to know him.

The Vanity Project talks to Stevie Turner and wants her to deal with Keanu Carver and the cast situation. Jackson Drake refuses to face Carver, but Turner says Carver is set to get his title shot in two weeks.

Marcus Mathers vs. Tate Wilder vs. Laredo Kid

Mathers is rather pleased to represent the ID Program. They trade rollups to start and Wilder runs them both over with shoulders. Wilder is sent outside, leaving Kid to strike away at Mathers. Kid takes Mathers down for two with Wilder running back in for the save. Mathers is back up to kick Wilder down, followed by a spinning high crossbody to drop Kid.

We take a break and come back with Kid chopping Mathers down before knocking both of them to the floor. The big dive drops Mathers and Wilder but Mathers is back up with a hard kick from the apron to put Kid down. Wilder shooting stars onto both of them on the floor and they head back in, with Kid hitting something like a Tower Of Doom for a near fall of his own.

Kid's moonsault misses though and Mathers superkicks him into a suplex for two. Wilder is back up and tries a reverse springboard Spanish Fly but he and Mathers both land on their feet. Wilder's spinning suplex takes Kid down and Mathers adds a quick 450 but Wilder breaks it up. A powerbomb drops Mathers and the Wilde Ride is enough to give Wilde the pin at 8:23.

Rating: B. While I could go for Mathers not losing nearly as often, it's nice to see Wilder getting another win. Even if he's not the next big thing, he's a good example of "let's see what we've got here". Wilder is getting some focus around here and it seems to be working well enough now that he's found his a bit of his footing.

Post match respect is shown.

Chantel Monroe is ready to slap some sense into Wendy Choo, which will make her Choo's new therapist.

This week on the Stud-0-Meter, we have some famous tag teams. We'll start with the Steiners, who will be ranked with....It's Gal's Geometry. Sure why not. Anyway, they get a 9.3 but the Dudley Boyz are only a 6.8 as they spent too much time getting the tables rather than getting gains. Now It's Gal needs a new

partner.

Video on Adrenaline Drip vs. Jax Presley/Harley Riggins. They're 1-1 against each other and the rubber match is next week.

We look at Kendal Grey winning the Women's Title at Succession.

Here is Grey, with Carlee Bright, for her championship celebration. She's not going to give you some sob story, but calls the title proof that all the work she has put in has paid off. Grey praises Kali Armstrong and talks about dragging her into the gray area. We hear about Grey's time in amateur wrestling and now she knows that there is a target on her back.

If you want to come after her, you better be ready. Cue PJ Vasa from LFG to lay Grey out with a powerbomb and powerslam to end the show. That's one of the perks of this show, as you can just debut new people at any time. It's not like there is anyone else ready for Grey at the moment so points for doing what made sense.

Overall Rating: B. This show did a very good job of freshening things up a bit. On occasion you need some new blood, especially with the amount of people who are leaving the ID Program in the first place. Let these people get out here and see what they have, which is mostly the point of Evolve in the first place. This show feels like it's actually put together with a plan going most of the time and that's nice to see, as it's making Evolve the easiest show to watch at the moment.

Results

Masyn Holiday b. Jin Tala – Holiday Season

Tate Wilder b. Laredo Kid and Marcus Mathers – Wilde Ride to Mathers

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Evolve – October 8, 2025: Let Us See It

Evolve

Date: October 8, 2025

Location: WWE Performance Center, Orlando, Florida

Commentators: Peter Rosenberg, Robert Stone

We're rapidly approaching Succession and it's time to find out what we're going to have to push towards the two title matches. I'm not sure if anything else is going to be added to the show but it should be interesting to see how Kali Armstrong and Jackson Drake get ready for their defenses. Let's get to it.

[Here are last week's results if you need a recap.](#)

Stevie Turner tells us that Keanu Carver is injured and unable to wrestle at Succession. A new challenger will be named tonight.

Opening sequence.

Chuey Martinez brings out Kali Armstrong and Kendal Grey for their face to face meeting. Grey is tired of Armstrong looking so confident after she hurt Carlee Bright last week. Armstrong

says bright is full of sunshine and bubbles but there is no room for that in Evolve. As good as Grey may be, Armstrong is just better.

Grey lists off her amateur credentials and Armstrong talks about her own resume in track and around here. Armstrong was one of eight children and was born with drugs in her system but here she is. They stare each other down again to wrap it up. Pretty simple and to the point stuff here and the match is feeling like a showdown.

Tate Wilder is happy with his win but now he wants to be on Succession. Brooks Jensen jumps him from behind to lay him out.

It's Gal vs. Dante Chen

Feeling out process to start with Gal taking him down and doing some pushups on Chen's back. The posing seems to get on Chen's nerves and he makes the comeback, including a dropkick. The threat of the Gentle Touch sends Gal out to the apron so Chen clotheslines him back over the top.

Gal hits a hard clothesline of his own but again takes too much time posing and gets rolled up for two. A half nelson slam and superkick send Gal outside for the suicide dive. Back in and Gal gets caught up top for a spinning powerbomb, followed by the Gentle Touch for the pin at 5:48.

Rating: C+. This boils down to one issue: Gal is goofy fun and Chen isn't interesting. I'm not sure what WWE sees in Chen as he has been around for a long time but isn't exactly showing much in the way of standing out. In theory this is moving Chen towards title contention, and I really don't get why.

High Ryze is ready to show what they can do.

The Vanity Project isn't sure what's going on with Succession and thinks the management is messing with them by not naming

an opponent. Jackson Drake credits Bryce Donovan for getting rid of Keanu Reeves and everyone seems happy. Well not Donovan, though he does smirk a bit.

High Ryze vs. Aaron Rourke/Marcus Mathers

Wes Lee is here with High Ryze. Igwe shoulders Rourke in the corner but Rourke jumps over him and brings Mathers in for a running dropkick. DuPont tags himself in though and a big boot puts Mathers down so the villains can take over. A double forearm drops Mathers again and we hit the chinlock, only for Igwe to miss a charge into the post. Rourke comes back in to clean house, including an elbow to Igwe. Mathers hits a middle rope Stunner into Rourke's Molly Go Round for two. Rourke misses a moonsault though and gets Heartstoppered for the pin at 7:01.

Rating: C+. We're going to need some Tag Team Titles around here and that's not a bad idea. There are several tag teams around here (though Rourke and Mathers aren't among the best) but they don't have much to fight over. It's only about seven months into Evolve though so we very well could see such an announcement, even at Succession.

Jax Presley and Harley Riggins want one more match with Adrenaline Drip. They tell Stevie Turner that Robert Stone would give them the match, which is enough for Turner to make it happen.

Wendy Choo vs. Nikkita Lyons

Lyons backs her into the corner to start but gets taken down with a headlock takeover out of the corner. A crucifix gives Choo two and she hits a dropkick. Lyons shrugs that off and they head outside, where Choo gets kicked down. Back inside and Lyons chokes on the ropes, followed by some hip drops in the corner.

A suplex gives Lyons two and she grabs the reverse chinlock.

That's broken up and Choo grabs an ankle scissors into some running shots in the corner. Lyons tries a quick sunset flip but gets pulled down into a rollup for two. A tiger bomb gives Lyons two more and she breaks out of a Dirt Nap attempt. The Vader Bomb misses though and Choo gets the Dirt Nap to make Lyons tap at 7:00.

Rating: B-. Not a bad match at all here, as Choo having something of a personality and not doing a bunch of weird glares at the camera while holding a pillow. She has the talent in the ring and do fine if she's able to drop all of the weird stuff. Thankfully that's what she seems to be doing and Lyons lost as a bonus.

Brooks Jensen says Tate Wilder is why he hates Evolve. Jensen should be rising up the ranks here but Wilder wins one match and thinks he should be something special. They'll fight next week and this time it's a bullrope match. Wilder has to win that and while he's not the most interesting person, at least he's getting a coherent story.

Here is the Vanity Project to find out who will be facing Jackson Drake for the title. Cue Sean Legacy, who says his issues with Drake have gone back to the first episode of Evolve and even before. The perfect way to go would be to have Legacy take the title. Legacy looks into the camera and promises Keanu Carver a title shot but here is Edris Enofe to jump Legacy from behind. Legacy is sent into the video board to mess it up. Drake: "That sucks. Bye Sean!"

Drake says there is no next challenger so next week, it can be the Vanity Project Appreciation Night. He lists off his teammates and praises everyone but Bryce Donovan, who picks up the contract and tells Drake to shut up for once. Donovan calls them all the worst human beings he has ever met. Drake can solve his own problems because Donovan is done with the Vanity Project. Donovan says he's coming for the title at Succession and clears the ring, including a chokeslam to put

Drake through a table. That lets Donovan sign the contract. Not the most thrilling story, but they have a connection and that's a good idea.

We run down the Succession card to end the show.

Overall Rating: B-. They've done a nice job to set up a three match show and I want to see where things go at Succession. The big matches are feeling important and hopefully they live up to their hype. There was only so much in the way of good matches here though, as the build was the important part. They've set next week up and that's what matters even more, so the action can be excused at least a bit.

Results

Dante Chen b. It's Gal – Gentle Touch

High Ryze b. Marcus Mathers/Aaron Rourke – Heartstopper to Rourke

Wendy Choo b. Nikkita Lyons – Dirt Nap

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Evolve – September 17, 2025:

Speak Again Dark Angel?

Evolve

Date: September 17, 2025

Location: WWE Performance Center, Orlando, Florida

Commentators: Peter Rosenberg, Robert Stone

It's time to get violent around here as we have an I Quit match between Wendy Choo and Kendal Grey. That's likely to be the main event, but we also need to see what is next for both of the champions around here. It's almost like this place has become a real show with stories and characters and that's awesome. Let's get to it.

[Here are last week's results if you need a recap.](#)

Opening recap.

Opening sequence.

Here is the Vanity Project to get things going. Jackson Drake brags about his win last week and says no one wants a piece of them. They're in their gear for a reason though. Drake went to Stevie Turner earlier today and got them an eight person tag match. Now bring out these "dusty a** opponents".

Vanity Project vs. Dante Chen/Drako Knox/Tyra Mae Steele/Sean Legacy

Steele and Mae start things off with Steele easily taking over. Knox comes in to run Smokes over and it's off to Chen to strike away on Baylor. It's off to Donovan to take over though and we go to an early break. We come back with Knox still in trouble and getting hammered in the corner, with Donovan pounding him down and dropping an elbow for two. Smokes comes in to stomp away but Knox ducks a clothesline and gets the tag off to Legacy.

A few rooms of the house are cleaned but Legacy gets taken

into the wrong corner so the beating can begin again. Smokes kicks him down for two and goes after Legacy's partners, including yelling at Steele. That's enough for Legacy to backdrop his way out of trouble, allowing the tag off to Chen to really clean house. Everything breaks down and Steele starts throwing people around with German suplexes (including Smokes landing on the back of his head). The Gentle Touch drops Donovan for the pin at 11:49.

Rating: C+. This is another bad night for the Vanity Project and it wouldn't be a shock to see Donovan going after Drake as a result. Drake needs a new challenger and it isn't like there is anyone ready to come after the title at the moment. Steele continues to feel like she has a lot of potential and Legacy is likely going to become a star. Knox and Chen...eh not feeling it yet but stranger things have happened.

Post match the winners get to pose as Jackson Drake yells at Bryce Donovan.

Aaron Rourke and Marcus Mathers don't like It's Gal/Jamar Hampton and are ready to beat them down.

Carlee Bright gives Kendal Grey a pep talk before the I Quit match with Wendy Choo...but it might be difficult because Choo doesn't talk. Grey has this and even practices an armbar on Bright.

Earlier today, Tate Wilder was upset at his losses but Sean Legacy came in to say this is a tough business. Wilder can keep getting up and this is just the beginning of his story. Wilder appreciates the kind words and Legacy says be more ready the next time he faces Ridge Holland. Legacy seems ready for Edris Enofe too.

Aaron Rourke/Marcus Mathers vs. It's Gal/Jamar Hampton

Gal and Rourke trade wrist cranks to start with Rourke taking him down to the mat. Gal reverses into a headscissors with

some pushups, which earns him a slap to the face. A flipping double slap to the chest lets Rourke bring in Mathers, who hits something like Poetry In Motion. Gal fights back and brings in Hampton to take over on Rourke, with Gal getting in a neck snap over the rope.

A double delayed vertical suplex lets Gal and Hampton do pushups on Rourke's chest before Gal gets two. Hampton jumps over Gal's back to crash onto Rourke, who enziguris his way out of trouble. Mathers comes back in to pick up the pace, including some kicks in the corner to Hampton. A spinning high crossbody gives Mathers two and Rourke kicks Gal to the floor. Mathers hits a heck of a running flip dive but Rourke bangs up his knee. That means a double powerbomb can finish Rourke off at 6:53.

Rating: B-. It took me a bit to get the idea that Rourke and Mathers were the good guys here, or at least the less bad of the two, as it wasn't exactly clear at first. I still like Mathers and Hampton a good bit so I'll take one of them getting something to do. There was a mention of Evolve Tag Team Titles and...that's actually not a terrible idea.

Post match Gal and Hampton bust out the matching sunglasses.

Kali Armstrong gets to sit back and be a fan in the main event, but she doesn't know how Wendy Choo can quit when she doesn't talk. Choo comes in and smiles.

Someone who works at the Performance Center talks about how exhausting it is to work with Sean Legacy, who talks about wrestling all the time. He appreciates the effort, but Legacy pops in to knock on the window and say there is ice cream. This Is Evolve.

Jackson Drake yells at the Vanity Project again and suggests that it was all Bryce Donovan's fault. Donovan doesn't like being blamed for the loss and seems to suggest he's coming after Drake.

Wendy Choo vs. Kendal Grey

I Quit match. Grey (with Carlee Bright) jumps Choo before the bell to start fast but Choo fights back in the corner. Choo is knocked to the floor and tied in the ring skirt for a sliding dropkick. Grey goes after her and gets choked, followed by a drag underneath the ring. Back out and Grey is wrapped around the post, with Choo pulling at some limbs to cause the screaming. A catapult sends Grey throat first into the bottom rope and we take a break.

We come back with Grey standing up for a slugout, followed by a ram into a chair in the corner. Some chair shots to the back set up a Fujiwara armbar to put Choo in more trouble. Grey lets that go but misses a slingshot dive, allowing Choo to hit a brainbuster. Choo chokes with a chair but Grey rolls her into an ankle lock.

That's broken up as well and Choo chairs her down again. The chair is wrapped around Grey's neck and she gets sent into the corner, setting up the Dirt Nap. Grey flips out into a cross armbreaker but Choo rolls out for a crash to the floor. Back in and Choo tries a suplex but Grey reverses into a DDT onto the chair. A slingshot stomp onto the arm onto the chair sets up the cross armbreaker to make Choo quit at 11:35.

Rating: B. Ignoring the fact that Choo has spoken before on WWE TV, this was a good story being told with Grey fighting against the evil and winning in the end. Grey seems like she is being built up for a title shot and it wouldn't surprise me to see her slay the monster champion. This was a smart way to go and Grey is feeling more and more like a star every week.

Bright and Grey (Is that supposed to be some kind of opposite name thing?) celebrate as Choo asks what is left for her to end the show.

Overall Rating: B-. Nice show here, with the main event being a highlight. You can pretty much pencil in the next two

challengers for the titles and that should make for an interesting future. Evolve continues to feel like a well written and planned out show and I'll take that every time. Good show this week, which tends to be the case.

Results

Dante Chen/Drako Knox/Tyra Mae Steele/Sean Legacy b. Vanity Project – Gentle Touch to Donovan

It's Gal/Jamar Hampton b. Aaron Rourke/Marcus Mathers – Double powerbomb to Rourke

Kendal Grey b. Wendy Choo – Cross armbreaker

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Evolve – September 10, 2025: That's Not A Bad Idea

Evolve

Date: September 10, 2025

Location: WWE Performance Center, Orlando, Florida

Commentators: Peter Rosenberg, Robert Stone

It's a bad time for the Vanity Project, as they have managed to get Jackson Drake into a triple threat match for the Evolve Title. Both Keanu Carver and Brooks Jensen are getting title shots at the same time and that isn't likely going to end

well. Other than that, Sean Legacy is going to have to deal with Edris Enofe so let's get to it.

[Here are last week's results if you need a recap.](#)

We open with the Vanity Project talking about the triple threat match with Jackson Drake being ready to face both challengers, because the team is awesome.

Carlee Bright vs. Layla Diggs

Kendal Grey and Masyn Holiday are here too. Both get insert promos, with Bright talking about how she wants to show she can be serious and Diggs saying this is absolutely not personal but she wants to win. Bright takes it to the mat to start but Diggs reverses into an armbar. Back up and Diggs cartwheels out of a headscissors and we get a respectful handshake.

Diggs ties up the legs with a rollup for two but Bright is back with a jumping neckbreaker for the same. They go back to the mat, with Diggs hitting a flipping splash into a powerslam. A standing moonsault "misses" despite landing on Bright, who goes up but misses a middle rope moonsault. Diggs hits a heck of a side kick for two but misses a charge into the corner. Brights' tornado DDT gets two and Bright Side (Overdrive) finishes Diggs at 5:01.

Rating: C+. The ending isn't a great way to go but Bright getting a win is a good move. She's getting somewhere after months of just kind of floating around so this should help her a bit. At the same time, Diggs continues to be rather athletic, though she'll need more to really make her stand out.

Post break Bright and Grey are still in the ring, with Grey praising Bright for her win. Grey is ready to take out Wendy Choo and slap the smile off her face. After that, she's ready for Kali Armstrong and the Women's Title. Cue Armstrong to say

bring it, but Ridge Holland and Tate Wilder brawl to ringside. Stevie Turner pops in to make the match for right now, with the women being forgotten.

Ridge Holland vs. Tate Wilder

Holland knees away in the corner but Wilder hits some dropkicks to send him outside. The dive to the floor connects with Holland, who posts Wilder to cut things off fast. We take a break and come back with Holland sending him into the corner for a German suplex. Wilder fights back and kicks away but walks into a spinebuster.

The half crab goes on for a bit before Wilder fights out and hits a middle rope crossbody. Wilder adds a springboard Swanton for two and can't believe the kickout. Holland is back with a powerslam into a Cannonball, followed by a gutwrench powerbomb for the pin at 7:24.

Rating: C. I'm liking Holland getting a chance to be the powerhouse and focusing more on his rugby style offense. He's someone who has experience and he can be turned into a solid monster heel in a hurry. On the other hand you have Wilder, who isn't winning yet but he's getting a lot of ring time lately and that might be a good sign for his future.

Aaron Rourke and Marcus Mathers talk about having a lot in common, like wrestling for various independent promotions. And grit and determination! Hence them being a team.

It's Gal and Jamar Hampton are proud of their work in the gym but they aren't impressed by Rourke and Mathers.

Keanu Carver is NOT going back to the streets so he'll win the Evolve Title here.

Wendy Choo has attacked Kendal Grey and choked her out.

Evolve Title: Keanu Carver vs. Brooks Jensen vs. Jackson Drake

Drake is defending. Carver throws Drake around to start and a big clothesline puts Drake on the floor. That leaves Carver and Jensen to slug it out but Drake sends them into each other. Drake hits a running forearm to Jensen, who is right back with some chops in the corner. A powerslam drops Drake and Carver is back in to slam both of them at once. Drake manages to send both of them outside for the running flip dive and we take a break.

We come back with Drake's kicks to the chest getting on Carver's nerves. Jensen is back in with a spinwheel kick to Carver for two but Drake is up with a fisherman's buster. Drake hits a big dive to the floor to drop Carver again but his Lethal Injection is cut off. Carver is knocked outside again, leaving Drake and Jensen to trade hard forearms. Carver is back in with a Samoan drop to Jensen, who throws Drake up for a Pounce.

A spinebuster gives Carver two but Jensen sends both of them flying at the same time. The Southern Lariat misses so Drake is put up in an electric chair for a doomsday spinwheel kick for two. Carver superplexes Jensen and Drake Swantons Carver, who goes outside. A dive is cut off though and Carver drops him with a hard forearm. Cue Bryce Donovan to take Carver out and Jensen southern lariats Drake. Donovan offers a distraction though and Drake hits the running knee for the pin to retain at 13:15.

Rating: B-. They got a good deal of time here and it was a solid showcase for Carver, with Jensen having one of his more entertaining matches thus far. Had this been a singles match I would have expected a title change but the triple threat part made it a bit more predictable. That being said, it's nice to see Drake getting a win, as he hasn't felt like a strong champion thus far (which is the point).

Stevie Turner is watching in her office and looks at her plans for next week, which include a note saying I QUIT MATCH. Wendy

Choo wants Kendal Grey in one next week and Turner seems to agree.

Overall Rating: C+. This was mainly about the title match and it wound up going well enough, though it wasn't some game changer. Other than that, you had the build towards Grey vs. Choo next week, plus Holland continuing to get a boost. It's a fine enough show here, with enough stories being advanced in around 45 minutes.

Results

Carlee Bright b. Layla Diggs – Bright Side

Ridge Holland b. Tate Wilder – Gutwrench powerbomb

Jackson Drake b. Keanu Carver and Brooks Jensen – Running knee to Jensen

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Evolve – August 20, 2025: The Slow Process

Evolve

Date: August 20, 2025

Location: WWE Performance Center, Orlando, Florida

Commentators: Peter Rosenberg, Robert Stone

The big story around here is Keanu Carver coming after the Evolve Title, as he is smashing his way through the Vanity Project on his way to Jackson Drake. On the other side, Karmen Petrovic seems to be coming to after Kali Armstrong and the Women's Title. Throw in Sean Legacy and Ridge Holland being on a collision course and we should be in for a good show. Let's get to it.

[Here are last week's results if you need a recap.](#)

We open with a recap of the Women's Title situation.

Opening sequence.

Kylie Rae vs. Chantel Monroe

Monroe takes her down by the arm to start and goes to cranking. Rae reverses into a wristlock of his own, followed by some armdrags into the armbar. That's broken up so Rae gets two off a basement dropkick and the armbar goes on again. Back up and Rae kicks her in the head out of the corner, setting up a top rope armdrag.

Monroe gets in a knee lift though and a neckbreaker over the apron connects as we take a break. We come back with Monroe getting two off a Hennig necksnap and the neck crank going on. Rae fights up and knocks her into the corner, where Monroe is right back out with reverse DDT. Monroe sends her throat first into the top rope and a Codebreaker finishes at 9:28.

Rating: C. I'm not sure I get the appeal of Monroe as she feels like quite the one note character. At the same time, Rae won the ID Title a few weeks ago and loses clean here. It's kind of a weird way to go and I'm not sure what is next for both of them. Monroe has been protected well enough though and if that's who Evolve wants to push, even in a small way, it's better than nothing.

Keanu Carver is ready to keep smashing through everyone and

win the Evolve Title.

Jackson Drake is with the Vanity Project and is nervous about Carver. Zayda Steel is upset over her loss to Layla Diggs and Bryce Donovan tells her to be better. The team realizes things haven't been going great lately and it's time to fix it.

Kali Armstrong is ready for the next challenger. Stevie Turner says that Karmen Petrovic and Chantel Monroe have both won their matches and deserve title shots. Nikkita Lyons comes in to say that she deserves a shot too so Turner makes the four way title match for next week.

Swipe Right vs. Aaron Rourke/Marcus Mathers

Smokes takes Rourke to the mat with a headlock to start but Rourke is back up to send him into the corner. Mathers comes in with a step up tornado DDT and a nice kick to the face gets two. Baylor's clothesline out of the corner gets two and a double belly to back suplex drops Mathers for two more. A big boot gives Baylor another near fall and Mathers is sent into the corner, allowing Baylor to get in a hip swivel.

Mathers manages to flip over though and it's off to Rourke to clean house. Smokes Downward Spirals Rourke into the buckle though and it's back to Mathers, who trades some loud kicks with Baylor. Mathers sends the villains into each other and Rourke drops them with a dive on the floor. A spinning powerslam gives Mathers two on Baylor but the Super Swipe finishes Mathers at 8:22.

Rating: B-. Nice match here, though I'm not wild on Mathers taking another fall. Swipe Right needed a win here, but both they and the Vanity Project seem to be in trouble. There is a very good chance that we are in the beginning of the end of the group, but they should be able to win a match against a makeshift team like Rourke and Mathers.

It's Gal and Jamar Hampton train in the gym together and while

Hampton seems to do better, they appear to bond a bit.

Kendal Grey is sick of Wendy Choo and is ready to fight her next week.

Jax Presley and Harley Riggins are ready to beat up Adrenaline Drip.

Here's what's coming next week.

Sean Legacy vs. Ridge Holland

The bigger Holland powers him down to start and drops an early elbow for two. Legacy slips out of a powerslam attempt and kicks him down, setting up a standing moonsault for two. We take a break and come back with Legacy chopping his way out of trouble. An overhead belly to belly suplex drops Legacy again though and Holland hammers him down.

Back up and Legacy manages a superkick into a rolling DDT to leave them both down. A German suplex gives Legacy another breather but Holland catches him on top. Holland's kick to the face gets two but Legacy dropkick him into the corner. A moonsault into something like a side slam gives Legacy two more but Shambles is blocked. Holland is sent into the corner for a cannonball and a gutwrench powerbomb finishes for Holland at 9:18.

Rating: B-. The action was good but there was something missing here, with Legacy starting to feel as someone who should be moved up to the next level but seemingly stalling. Legacy certainly seems to have all of the tools, but he might need something to make them come together. On the other hand you have Holland, who could be getting somewhere if he can put things together, which might be when he's doing with his focus on the rugby background.

Post match Legacy goes to the back and runs into Ice Williams, who is tired of Legacy being handed everything. Shoving

ensues.

Overall Rating: C+. I wasn't feeling this one for some reason, as it might be due to the idea of having so much of this show being about setting things up for later. Legacy seems to be falling down the ladder, while Carver is on his way to the title match in the near future. It's not the worst show, but there was nothing here that had my interest.

Results

Chantel Monroe b. Kylie Rae – Codebreaker

Swipe Right b. Aaron Rourke/Marcus Mathers – Super Swipe to Mathers

Ridge Holland b. Sean Legacy – Gutwrench powerbomb

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Evolve – July 30, 2025: The Dark Tower

Evolve

Date: July 30, 2025

Location: WWE Performance Center, Orlando, Florida

Commentators: Peter Rosenberg, Robert Stone

We're back in the developmental's developmental and that could

make for some interesting developments. The Vanity Project is still the big thing around here and we are likely going to be seeing someone new showing up. One of the best things around here has been all of the surprise appearances, which might be the case again this week. Let's get to it.

[Here are last week's results if you need a recap.](#)

The opening video looks at Keanu Carver running through the WWE ID Program, including Sean Legacy.

Opening sequence.

Bryce Donovan vs. Marcus Mathers

The rest of the Vanity Project is with Donovan, which is good as I regularly forget his name. Donovan runs him over with a shoulder to start but Mathers is right back with a crossbody for two. Back up and Donovan drops Mathers with a shot to the face and then knocks him outside for a crash.

The abdominal stretch keeps Donovan in trouble but Mathers fights out and hits some running clotheslines. Mathers' comeback is countered with a pop up powerbomb and a big clothesline gets two. Another comeback sees Mathers knock down Swipe Right but Zayda Steel cuts off the big dive. That lets Donovan hit a Black Hole Slam for the win at 6:19.

Rating: C+. Donovan continues to feel like the "oh yeah he's there too" member of the Vanity Project but he's not bad at what he does. At the same time, it's a bit annoying to see Mathers losing, as he feels like someone who could be a solid prospect around here. Naturally it isn't the end of his run, but that's rather early for a first loss.

Timothy Thatcher wishes Sean Legacy luck, with Legacy telling him that he's still mad over what Keanu Carver did. Thatcher tells him to forget all that and fight through the pain.

Here is Kali Armstrong, who gets straight to the point: she

wants Jin Tala out here right now. She didn't hide from anyone and doesn't want Tala to hide either. Instead it's Tyra Mae Steele interrupting, saying she's the one who won the triple threat two weeks ago. Armstrong needs to be looking out for her before Steele takes the title.

Cue Tala, who says she wants the Women's Title. Armstrong gives her the shot, but Steele takes issue with Tala getting the shot by attacking some people rather than winning anything. The brawl is on with Tala standing tall. There's an interesting story here and that's a good sign.

Jamar Hampton is ready for Jack Cartwheel, even though Cartwheel is way more experienced. With Hampton gone, It's Gal comes in to have some issues exercising. He'll do it because he can't stand Adrenaline Drip.

Jamar Hampton vs. Jack Cartwheel

Cappuccino Jones is here with Cartwheel. Hampton starts in on the arm to start but Cartwheel is back with a headlock takeover. Back up and Cartwheel's dropkick doesn't even stagger Hampton, who hits a much bigger dropkick for two. Cartwheel knocks him down again and hits a slingshot splash, followed by an armbar.

A Muta Lock has Hampton in more trouble but he powers up and hits some dropkicks. Hampton's running Blockbuster gets two and he sends Cartwheel outside. The slingshot dive misses so Cartwheel hits a flipping dive, followed by a slingshot 450 (geez) for two back inside. Cue It's Gal to keep exercising as Cartwheel knocks Hampton off the top, setting up a corkscrew shooting star press for the pin at 6:03.

Rating: B-. Hampton continues to look like a prospect, but he's going to need to have some more success. That being said, he's still a rookie and is losing to people with some more success. What matters right now is that he's getting his feet wet in front of people, and that could give him a good

foundation later on.

Video on Zara Zakher.

Here's what's coming next week.

Keanu Carver vs. Sean Legacy

Carver shrugs off the early attack and sends him into the corner for the heavy shots. Legacy gets dropped on the ropes and sent flying with a fall away slam. Legacy has to skin the cat to pull himself over the top, with a headscissors bringing Carver outside. A dive takes Carver out and we take a break.

We come back with Carver hitting a Pounce and putting on a cobra clutch. A backbreaker gives Carver two and some running shoulders in the corner get the same. The bearhug has Legacy in more trouble but he fights out and gets in a shot of his own for a breather. Legacy's running DDT drops Carver and a German suplex gets two. Carver cuts off a springboard though and hits a hard right hand for two. Back up and Legacy knocks him down again for another near fall but Shambles is blocked. Instead Carver slingshots him up into the spinning powerslam for the pin at 11:35.

Rating: B-. This was telling a nice story, with Legacy fighting back for the sake of revenge but getting crushed by the power of the monster. That's a good way to make Carver feel like a big deal and odds are he's on the way to the Evolve Title picture. At the same time, Legacy has cooled off a good bit since the start of Evolve and he could use a turn around somewhere in the near future.

Post march Carver calls out Jackson Drake and the Vanity Project to end the show.

Overall Rating: B. Good show here as it felt like an old NXT show. The stories feel like they are all getting attention and being well developed. That helps avoid what feel like weaker

parts of the show and making everything feel that much more interesting. I'm starting to like this one more and more every week and that was on display again here.

Results

Bryce Donovan b. Marcus Mathers – Black Hole Slam

Jack Cartwheel b. Jamar Hampton – Corkscrew shooting star press

Keanu Carver b. Sean Legacy – Spinning powerslam

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Evolve – July 23, 2025: Center Stage

Evolve

Date: July 23, 2025

Location: WWE Performance Center, Orlando, Florida

Commentators: Peter Rosenberg, Robert Stone

Last week saw Jackson Drake survive against Lince Dorado, but now he might have to deal with the freshly debuted Brooks Jensen. Other than that, Kali Armstrong is going to need a new challenger and some people are already lining up for the shot. Things have been getting more interesting around here and it's making the show that much better. Let's get to it.

[Here are last week's results if you need a recap.](#)

Opening sequence.

Dante Chen vs. Edris Enofe

Chen knocks him down for an early two and Enofe is already asking for a time out. Back up and Enofe uses the rope to avoid being taken down again, allowing him to stomp away on Chen. A DDT sets up choke but Chen is back up with a neckbreaker. Some right hands and an enziguri set up a running boot to drop Enofe again. The Gentle Touch is blocked so Enofe rolls him up and grabs the trunks for the pin at 5:14.

Rating: C. Totally fine match between two people who are trying to find their spot in Evolve. Enofe is further along at this point with the whole "I deserve it" deal. On the other hand you have Chen, who is pretty much the same thing he was in NXT LVL Up without the weird protection that he received. Not bad, but they both need something to make them more interesting.

Jordan Oasis is looking for a partner and asks It's Gal and Sam Holloway. They don't care about Keanu Carver going after the ID Program and would never want to team with a nomad. Cappuccino Jones and Jack Cartwheel come in to say Oasis has earned his stripes. They accuse Gal and Holloway of forgetting what it took to get here. A tag match seems to be made, albeit not involving Oasis.

Video on the WWE ID Program.

Adrenaline Drip vs. Sam Holloway/It's Gal

Jones grinds away (like beans) on a headlock before firing off a dropkick to rock Gal. Cartwheel comes in and it's another dropkick from Jones into a running shooting star press to give Cartwheel two. Gal manages to knock Cartwheel outside for a big boot from Holloway, who also crotches Jones against the

post. Back in and a middle rope elbow gives Holloway two on Cartwheel and Gal adds the double legdrop for two more. The villains take turns tossing Cartwheel around for two before Holloway grabs a chinlock.

Cartwheel fights up and cartwheels his way over to Jones for the tag. Holloway crashes into Gal to send him outside and it's a top rope flipping cutter/Downward Spiral combination (cool) for two (not cool) on Holloway. With everyone else on the floor, Holloway hits a big no hands dive to take the three of them down. Back in and Holloway hits a top rope splash on Cartwheel, with Jones making the save. Jones dives onto Holloway and a corkscrew top rope splash gives Cartwheel the pin at 6:41.

Rating: B. Annoyance of that kind of a double team move only getting two aside, this was a heck of a match as they all went nuts out there for the time that they had. Holloway is a big guy whose size makes him stand out and he was using that advantage here. Really fun stuff here, with one of the more exciting matches in Evolve thus far.

Jordan Oasis continues looking for a partner and Brooks Jensen comes up to offer his services. Jensen offers to help, if Oasis will help him against the Vanity Project. Deal.

Marcus Mathers is in Stevie Turner's office and wants a match with Keanu Carver. Turner can't do that because Carver is busy with Sean Legacy, but Turner will give him another match. With that out of the way, Kali Armstrong comes in to demand Jin Tala, which Turner will work on for her.

Kendal Grey vs. Zayda Steel

Steel takes her down by the hair to start and grabs a headlock takeover. Back up and Grey grabs her own headlock takeover, followed by a running crossbody, with Steel bailing out to the floor. Steele catches her with a Codebreaker on the way back in and it's time to choke away in the corner. A whip into the

corner has Grey in more trouble but she's able to grab a German suplex to put both of them down. Grey hits a middle rope spinning crossbody before snapping off a powerslam to drop Steel again. Back up and Grey grabs a rollup for the quick pin at 5:41.

Rating: C. Not much to see here, though the result was a nice surprise. Grey is someone who has the potential to go somewhere and she needs the wins to get closer. On the other hand you have Steel, who feels like someone WWE wants to be a big star (which makes sense) but she's going to need some more reps in the ring to make that happen.

Post match Grey says she doesn't get what the deal is with Wendy Choo but they can deal with it in the ring.

Sean Legacy doesn't know what Keanu Carver's problem is with the ID Program and it would be much harder without people like Timothy Thatcher. They're ready to fight.

Chantel Monroe doesn't think much of Kylie Rae but she'll lower herself to deal with her.

Here's what's coming next week.

Swipe Right vs. Brooks Jensen/Jordan Oasis

Baylor grabs a headlock on Jensen to start but gets reversed into Jensen's headlock takeover. Oasis comes in for a suplex so it's off to Smokes to pick up the pace. Everything breaks down and Swipe Right avoids crashing into each other, only for Oasis to backplash Smokes for two. A quick distraction lets Smokes stomp away though and we take a break.

We come back with Baylor hammering on Oasis and elbowing him in the face. Smokes pulls Oasis back into the corner and Baylor drops an elbow, earning quite the celebration. Oasis gets in a backbreaker but a distraction pulls Jensen off the apron so there's no tag. The chinlock goes on but Oasis

suplexes his way to freedom.

Rather than tagging though, he hits a running flipping cannonball to Baylor's back. Jensen comes in without a tag and drops Smokes before pulling Oasis to the right corner. Now Jensen comes in to clean house but tags Oasis and throws him back in before walking out. The Super Swipe finishes Oasis at 10:12.

Rating: C+. Good storyline based match here with Jensen going all evil, which does seem to suit him better. He doesn't have much in the ring to back up his limited appeal so this is the better move for him. It gives both Jensen and Oasis something to do while also boosting Swipe Right up a bit. Swipe Right is still not great to see in the ring, but they're being established, which is a good move.

Overall Rating: B-. Nice show again here, as they covered some of the stories which were already set up and set things up for the future. You can tell that Evolve has been set up well with good attention being paid to the details along the way. It makes for an easy to watch and follow show, which is what we got again here.

Results

Edris Enofe b. Dante Chen – Rollup with trunks

Adrenaline Drip b. Sam Holloway/It's Gal – Corkscrew top rope splash to Gal

Kendal Grey b. Zayda Steel – Rollup

Swipe Right b. Jordan Oasis/Brooks Jensen – Super Swipe to Oasis

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