

# Paige Suspended 30 Days

<http://411mania.com/wrestling/paige-suspended-by-wwe-for-wellness-violation/>

More Wellness. Given her relationship with Del Rio, this is most interesting. Above all else though, unless there's a very, very good reason that we don't know about, I have no idea why WWE didn't put Paige with the Smackdown women where she could be a big help. I don't say this often but I really want to know more about this.

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# Alberto Del Rio Suspended 30 Days

Due to a Wellness violation. Based on his rather sluggish performance last night, it's quite possible he knew this was coming and was off his game. Normally I would say this might let him get a bit refreshed but really, WWE has shown that they have no interest in fixing him up and there's no reason to hope otherwise this time. Smackdown needs another upper midcarder but it's not like Del Rio was lighting the world on fire or anything.